CIBHS
CALIFORNIA INSTITUTE FOR BEHAVIORAL HEALTH SOLUTIONS
LEADERS IN POLICY, TRAINING, EVALUATION AND RESEARCH

Initial TFCBT Training
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Sacramento CA
March 21 & 22, 2019

Day One

8:30-9	Registration
9-10:30	Impact of trauma on children
10:30-10:45	BREAK
10:45-11:30	TF-CBT overview and evidence base
11:30-12	Assessment
12-1	LUNCH
1-2	Psychoeducation
2-2:30	Parenting
2:30-2:45	BREAK
2:45-3:30	Relaxation
3:30-4:15	Affective Expression and Modulation
4:15-4:30	Wrap up

Day Two

9-10:30	Cognitive Coping
10:30-10:45	BREAK
10:45-12	Trauma Narration and Processing
12-1	LUNCH
1-2:30	Trauma Narration and Processing
2:30-2:45	BREAK
2:45-3:30	In Vivo Desensitization
3:30-4:15	Enhancing Future Safety and Development
4:15-4:30	Post-Assessment and Termination