9TH ANNUAL
EVIDENCE-BASED PRACTICES SYMPOSIUM

BOLD IDEAS FOR A SHARED VISION BETWEEN BEHAVIORAL HEALTH AND CRIMINAL JUSTICE SYSTEMS:
A CONTINUUM OF EVIDENCE-BASED PRACTICES OFFERING PATHWAYS OF HOPE

APRIL 15-16, 2019
LOS ANGELES MARRIOTT BURBANK AIRPORT
2500 N HOLLYWOOD WAY, BURBANK, CA 91505
CIBHS HAS INVITED YOU TO USE THE CIBHS YAPP APP AT THIS EVENT.

Your invitation is in this URL: https://my.yapp.us/EJPYXG.

If you do not already have the Yapp on your iPhone or Android mobile device, you'll be directed to your app store to download the Yapp container app. Once the Yapp is downloaded, open it, tap the "Download an Existing App" button and put this information into the screen: EJPYXG. For those who don't have an iOS or Android mobile device, just click on this link in your computer’s browser, https://my.yapp.us/EJPYXG, and the app will open in read only mode.
The level of research supporting the effectiveness of a practice can be placed on a continuum, and over time the level of research-based evidence of effectiveness may change depending on future research results. When the level of research-based evidence is high, the likelihood that the practice can be successfully replicated in diverse settings is also high. These levels of evidence are related to the quality of the research, and the success of a practice in obtaining similar results to those obtained in the research depends on the fidelity of implementation or model adherence.

For example: There are numerous, varied practices with established research-based evidence of effectiveness. However, they often share common characteristics. Effective practices include 10-20 years of research, random clinical trials in real world settings, and independent replication. They are specific to an area of need and outcomes, build on hope and engagement, and tend to have structured components or processes. They tend to be behavioral or cognitive models, have ordered or sequenced components and clear start and end dates.

<table>
<thead>
<tr>
<th>Evidence-Based Practices Research Continuum</th>
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<tbody>
<tr>
<td>Effective Practice</td>
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<td>Efficacious Practice</td>
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<td>Promising Practice</td>
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<td>Emerging Practice</td>
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<td>Not Effective Practice</td>
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**Monday, April 15, 2019**

7:15 AM – 5:00 PM  
**Registration** .................................................. Academy Foyer

7:15 AM – 8:30 AM  
**Continental Breakfast** .......................................... Academy Foyer

8:15 AM – 8:45 AM  
**Opening Remarks** ............................................... Academy 1

Brenda Grealish, Acting Deputy Director, Mental Health and Substance Use Disorder Services, California Department of Health Care Services

Percy Howard, III, LCSW, President and CEO, California Institute for Behavioral Health Solutions (CIBHS)

8:45 AM – 10:15 AM  
**Keynote Speaker:** .................................................. Academy 1

**Delivering Public Safety Equitably**

James Bell, JD, Founder and President, The W. Haywood Burns Institute

Moderator: Percy Howard, III, LCSW, President and CEO, California Institute for Behavioral Health Solutions (CIBHS)

The first wave of reforms in public systems has underscored the importance of understanding social determinants regarding community needs and service delivery. However, these reforms have not reduced over-representation by communities of color. Mr. Bell will discuss the next iteration of reform and transformation.

10:15 AM – 10:30 AM  
**Break**

10:30 AM – 12:00 PM  
**Session One**

Academy 4  

**Delivering Public Safety Equitably**

James Bell, JD, Founder and President, The W. Haywood Burns Institute

Moderator: Percy Howard, III, LCSW, President and CEO, California Institute for Behavioral Health Solutions (CIBHS)

This session will build upon Mr. Bell’s keynote by engaging the mission and structures of our agencies, metrics for success and harm reduction.

The first wave of reforms in public systems has underscored the importance of understanding social determinants regarding community needs and service delivery. However, these reforms have not reduced over-representation by communities of color. Mr. Bell will discuss the next iteration of reform and transformation.
10:30 AM – 12:00 PM  SESSION ONE  CONTINUED

Academy 2  
AGGRESSION REPLACEMENT TRAINING®: MOVE TO LEARN, LEARN TO MOVE 1
Sarah J. Oliver, M.Ed., Consultant, Educational & Treatment Alternatives, Inc.
MODERATOR: Kelly Bitz, Senior Project Coordinator, California Institute for Behavioral Health Solutions (CIBHS)

Current research indicates that when movement is added to the learning of cognitive skills, it enhances procedural or “muscle” memory. This workshop will focus on movement in conjunction with Aggression Replacement Training®

Academy 6  
TRAUMA-SENSITIVE INTERVENTIONS FOR SEXUALLY EXPLOITED YOUTH
Brandi D. Liles, PhD, Psychologist II, UC Davis Children’s Hospital CAARE Center
Dawn M. Blacker, PhD, Supervising Psychologist II, UC Davis Children’s Hospital CAARE Center
MODERATOR: Sheri Green, Program Manager, Sacramento County Behavioral Health Services

Goal of presentation is to learn practical strategies related to providing trauma-sensitive interventions for sexually exploited youth. Participants will engage in discussion related to safety planning of at-risk behaviors (e.g. elopement, drug use, continued exploitation), assessment for readiness for trauma treatment, and practical applications of trauma-based interventions.

Academy 3  
STRENGTHS MODEL
Ally Mabry, MSW, Director, Center for Mental Health Research and Innovation, University of Kansas
Bryan Knowles, LMSW, Implementation Specialist, Center for Mental Health Research and Innovation, University of Kansas
MODERATOR: Rick Goscha, PhD, Senior Vice President, California Institute for Behavioral Health Solutions (CIBHS)

The Strengths Model is a recovery-oriented, evidence-based practice designed to help people identify meaningful and important goals and then mobilize highly individualized strengths to achieve them. The session will introduce the principles, tools, and methods of the model, to help justice-involved individuals build lives that bring meaning, purpose, and valued identities.
EVIDENCE BASED PRACTICE IMPLEMENTATION FOR THOSE EXPERIENCING INCARCERATION AND MENTAL ILLNESS

Brittany Curran, LMFT, Mental Health Clinical Specialist, Contra Costa Behavioral Health Services
Colleen Hasenpusch, CSW, Lead Community Support Worker, Contra Costa County Behavioral Health Services

MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

Forensic Mental Health has implemented a program with Contra Costa County Probation to provide mental health services for individuals on probation. Staff provides individual and evidence-based group treatment, with the goal of treating symptoms and reducing recidivism. Assessment tools are used to measure outcomes and inform treatment.

SUCCESSFUL REENTRY! USING SOAR FOR PEOPLE WITH SMI INVOLVED IN THE CRIMINAL JUSTICE SYSTEM

Abigail Kirkman, MA, Senior Project Associate, SAMHSA SOAR Technical Assistance Center at Policy Research Associates
Daniel Coladonato, Project Associate, SAMHSA SOAR Technical Assistance Center at Policy Research Associates

MODERATOR: Robin Texeira, Senior Project Coordinator/HIPAA Privacy Officer, California Institute for Behavioral Health Solutions (CIBHS)

SOAR (SSI/SSDI Outreach, Access, and Recovery) is a model designed to increase access to the disability income benefit programs administered by the Social Security Administration for people who are experiencing or at risk of homelessness. Disability benefits are critical sources of income for individuals with disabling mental or physical health conditions. Benefits can result in increased access to housing and improved healthcare outcomes. Integration of the SOAR model into the criminal justice arena has shown promise in promoting post release success and reducing recidivism among those involved in the criminal justice system who are experiencing symptoms of mental illness. This presentation will discuss the specific challenges faced by people with disabling conditions who are justice-involved, including their vulnerability to homelessness, and will feature outcome results from SOAR collaborations with entities that serve this population.
Academy 2  AGGRESSION REPLACEMENT TRAINING®: TODAY’S PREPARED STUDENT
Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.
MODERATOR: Kelly Bitz, Senior Project Coordinator, California Institute for Behavioral Health Solutions (CIBHS)
This workshop will describe the benefits of Today’s Prepared Student. The curriculum includes Aggression Replacement Training®, Character Education, Empathy, Problem-Solving, Training and Career Readiness.

Academy 6  TRAUMA FOCUSED-COGNITIVE BEHAVIORAL THERAPY: OVERVIEW OF PTSD AND COMPLEX TRAUMA IN THE DJJ POPULATION
Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma Focused Cognitive Behavior Therapy
MODERATOR: Gayaneh Karapetian, MA, LMFT, Director, California Institute for Behavioral Health Solutions (CIBHS)
Understanding the manifestation of both PTSD as well as complex trauma in the DJJ population is essential in both management and treatment of this population. The presenter will discuss research in understanding some of the underlying biological mechanisms of trauma, as well as implications for working with this population.

Academy 5  FUNCTIONAL FAMILY THERAPY: KEEPING MODEL FIDELITY DURING CHANGING TIMES
Tonya Bauhofer, Juvenile Justice and Crime Prevention Program Director, Stanford Youth Solutions
Jerone Morgan, Juvenile Justice and Crime Prevention Program FFT site supervisor, Stanford Youth Solutions
MODERATOR: Sheri Green, Program Manager, Sacramento County Behavioral Health Services
Stanford Youth Solutions’ Juvenile Justice and Crime Prevention Program is in partnership with Sacramento County Probation to provide Functional Family Therapy to youth from mild to severe offenders. Our program has shown excellent outcomes for youth and families in reducing recidivism rates and improving overall positive community impact.
MENTAL HEALTH COURTS: A REVOLUTION IN JUDICIAL POLICY AND PROCESS
Judge Stephen Manley, JD, Superior Court, County of Santa Clara
MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

Mental Health Courts evolved to meet the special treatment and support needs of mentally ill offenders. These Courts use a collaborative model and bring treatment and services into the Court system as partners. The process is non adversarial and is designed to engage mentally ill offenders in treatment and keep them in treatment while they are under Court supervision. The Mental Health Court Model and the principles underlying that model led to the development of major policy changes relating to alternatives to traditional sentencing for mentally ill offenders. In implementing these changes today, Courts and Counties are turning to the Mental Health Court collaborative model, as well as the experience found in Judges who have worked in Mental Health Courts.

ASSERTIVE COMMUNITY TREATMENT (ACT) MODEL FOR COMMUNITY INTEGRATION AND RECOVERY
Emery Cowan, LPCC, LMHC, BH Services Administrator, Solano County Behavioral Health
MODERATOR: Rick Goscha, PhD, Senior Vice President, California Institute for Behavioral Health Solutions (CIBHS)

Assertive Community Treatment (ACT) is an extensively researched evidence-based practice that consists of a transdisciplinary team who provide intensive services to people with serious mental illness and co-occurring substance use challenges to maximize their recovery outcomes. ACT has been shown to be effective in a variety of measures including reduction in hospital days and housing stability. The training will also review the fidelity measure (TMACT) and its application for Full Service Partnership teams, including those serving individuals with criminal justice backgrounds.

BUILDING A TRAINING CURRICULA THAT FACILITATES REAL ATTITUDINAL AND BEHAVIORAL CHANGES TOWARD EFFECTIVE AND SUSTAINABLE USE OF MAP
Katherine Tsai, PhD, MPH, Director of Research and Clinical Training, Five Acres
David Felix, LMFT, Quality Assurance Clinician, Five Acres
Adam Haynes, LCSW, Evidence-based Practice Trainer, Five Acres
MODERATOR: Kimberly Mayer, MSSW, Director, California Institute for Behavioral Health Solutions (CIBHS)

Given the multitude of tasks required of them, providers can sometimes view EBP training as just another thing to get done. The panelists will discuss agency wide policy and infrastructural changes that were made to better support effective uptake of the Managing and Adapting Practices (MAP) system. They will also share how they altered their MAP training curricula to shift attitudes toward EBPs and increase sustained, high-level use of MAP practices and resources while minimizing staff burden and burnout.
Vine A & B  

1:00 PM – 2:15 PM  **SESSION TWO**  **CONTINUED**

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| 1:00 PM – 2:15 PM | **NURTURING PARENTING PROGRAMS**  
Nanci Vargas, MA, LMFT, *Nurturing Parenting National Recognized Trainer, Nurturing Parenting Programs*  
**MODERATOR:** Angela Riddle, LCSW, *Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley*  
Nurturing Parenting Programs are designed for the treatment and prevention of child abuse and neglect. The Nurturing Programs are family-based interventions where parents and their children learn similar knowledge and skills for improving the quality of their lives. Built in assessment strategies allow facilitators and parents to chart the course of their successes. |
| 2:15 PM – 2:30 PM | **BREAK**                                                                                 |
| 2:30 PM – 3:45 PM | **PLENARY**  
**FROM ADVERSITY TO HOPE**  
Judge Stephen Manley, JD, *Superior Court Judge in Santa Clara County*  
Stephanie Welch, MSW, *Executive Director of the Council on Criminal Justice and Behavioral Health (CCJBH) based in the Office of the Secretary at the California Department of Corrections and Rehabilitation (CDCR)*  
Harvey Knight, *Senior Life Coach, Anti-Recidivism Coalition (ARC)*  
**MODERATOR:** Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)  
This panel will discuss criminal justice from three perspectives: an individual with lived experience, a judge, and a policy advocate. A member of the Anti-Recidivism Coalition will talk about the experiences of incarceration and reentry into the community, what worked and what didn’t. Judge Manley and Stephanie Welch will discuss key issues and challenges with criminal justice and reentry, the necessity of interdisciplinary teams and cross training, and provide hope around what works. |
| 3:45 PM – 4:00 PM | **BREAK**                                                                                 |
SESSION THREE

4:00 PM – 5:15 PM

Academy 2

AGGRESSION REPLACEMENT TRAINING®: THE PREPARED ADULT

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.
MODERATOR: Kelly Bitz, Senior Project Coordinator, California Institute for Behavioral Health Solutions (CIBHS)

This workshop will review the components of The Prepared Adult. Implementation concerns will be addressed for utilization of an adult population. Videos will be reviewed showing actual sessions of each component.

Academy 6

TRAUMA FOCUSED-COGNITIVE BEHAVIORAL THERAPY: ASSESSING THE DJJ CLIENT FOR PTSD AND COMPLEX TRAUMA

Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma Focused Cognitive Behavior Therapy
MODERATOR: Gayaneh Karapetian, MA, LMFT, Director, California Institute for Behavioral Health Solutions (CIBHS)

Because of the complex presentations of trauma in the DJJ client, assessing accurately for PTSD and complex trauma presents several hurdles unique to this population. The presenter will discuss the specific challenges to assessment and techniques for overcoming these challenges.

Sunset A & B

THE POWER OF EMPLOYMENT IN CHANGING LIVES: WHAT YOU NEED TO KNOW TO IMPLEMENT IPS SUPPORTED EMPLOYMENT

Emery Cowan, LPCC, LMHC, BH Services Administrator, Solano County Behavioral Health
Rick DeGette, Behavioral Health Director, Stanislaus County Behavioral Health and Recovery Services
MODERATOR: Rick Goscha, PhD, Senior Vice President, California Institute for Behavioral Health Solutions (CIBHS)

IPS is an evidence-based approach to employment and education for people with mental illnesses and substance abuse disorders. The model has evolved to serve other populations, including transition-aged youth, veterans, and justice-involved individuals. The session will provide practical information on IPS implementation within an organization.
THE NUTS AND BOLTS OF FORENSIC PEER SUPPORT
Alice Washington, BA, Associate, California Institute for Behavioral Health Solutions
Harvey Knight, Senior Life Coach, Anti-Recidivism Coalition (ARC)
MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)
Peer support is a growing field as increasing data show how effective people with lived experience are in engaging and retaining previously underserved populations. This workshop will outline the history of the peer support movement in general, leading to forensic peer support. A representative from the Anti-Recidivism Coalition who is an active Life Coach to their members will go through the process at this organization for gathering information and engaging individual returning to the community. Through this process, audience members can hear from an individual with learned experience how to engage people re-entering their communities from a correctional institution.

PARENT EMPOWERMENT IN PREVENTING JUVENILE DELINQUENCY
Dan Thorne, LMFT, CEO, Parents Reach Achieve and Excel through Empowerment (Praxes)
MODERATOR: Kimberly Mayer, MSSW, Director, California Institute for Behavioral Health Solutions (CIBHS)
Research indicates a connection between parenting stress, a child’s behavior, and criminal activity. When parents learn self-care skills, their child’s needs, and parenting approaches, family stress decreases. This workshop will discuss PRAXES’ Intensive Model, its research and why its unique approach works with children at risk of juvenile delinquency.

MENTAL HEALTH AND JUSTICE SYSTEM: BEHAVIORAL HEALTH COURT MODEL PUTS TEAMS ON THE SAME PAGE
Sarah Nudel, MSW, LCSW, Administrator – CORE SD, PROPS/AB109, Behavioral Health Court, Telecare Corporation
Robin Weintraub, MSW, LCSW, Administrator, Telecare Whatever It Takes (WIT)
AMHS FSP
MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley
Telecare offers two behavioral health court programs — one in Orange County and the other in San Diego — that are unique treatment modalities for individuals with severe mental illness who are currently on formal probation. This presentation explains how these programs successfully serve this unique population across distinct county systems.
Academy 3

**INNOVATIVE APPROACHES TO REAL WORKFORCE CHALLENGES**

*Patricia Blum, PhD, CPRP, Executive Vice President, Crestwood Behavioral Health, Inc.*

*Martha Crawford, MFT, ALWF, Campus Administrator; Lead Advance Level WRAP Facilitator, Crestwood Behavioral Health, Inc.*

*Alec Atkin, MBA, BSME, Lean Six Sigma Black Belt, Director of Performance Improvement, Crestwood Behavioral Health, Inc.*

**MODERATOR:** Robin Texeira, Senior Project Coordinator/HIPAA Privacy Officer, California Institute for Behavioral Health Solutions (CIBHS)

The OWL Project is a collaboration between The Copeland Center and Crestwood to transform the wellness of Crestwood’s workforce. It demonstrates Crestwood’s workplace wellness through implementing practices that made WRAP an EBP and a Leadership Committee to oversee trainings. When difficult problems occur, we often do not know how to approach them to get the desired outcomes. Additionally, at Crestwood Behavioral Health, we have adopted the Six Sigma methodology. It’s a great way to systematically identify a problem, define it, solve and verify that changes put in place are occurring.

5:15 PM

**CLOSING**

5:30 PM – 6:45 PM

**NETWORKING RECEPTION**

*East Courtyard*

**REACHING CALIFORNIA’S DIVERSE COMMUNITIES: NETWORKING AND ASK-AN-EXPERT ROUND ROBIN**

Each Mind Matters is excited to host the Networking Reception! Reception will include opportunities to network and mix with conference attendees, hear a brief update on what’s new from “Each Mind Matters: California’s Mental Health Movement,” and participate in an Ask-An-Expert Round Robin to learn about new research, innovative programs, and much more. Hosted hors d’oeuvres.
## TUESDAY, APRIL 16, 2019

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<th>Time</th>
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<td>8:00 AM – 4:00 PM</td>
<td><strong>REGISTRATION</strong></td>
<td>Academy Foyer</td>
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<td>8:00 AM – 9:00 AM</td>
<td><strong>CONTINENTAL BREAKFAST</strong></td>
<td>Academy Foyer</td>
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<tr>
<td>8:30 AM – 4:30 PM</td>
<td><strong>FUNCTIONAL FAMILY THERAPY – CALIFORNIA SITE SUPERVISOR TRAINING</strong></td>
<td>Producer A &amp; B</td>
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<td><strong>Kim Mason, LCSW, FFT LLC</strong></td>
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<td>This training will cover the subject of consultation of Functional Family Therapy teams. It is designed for current FFT site consultation and will cover supervision styles, matching to various therapists on the team, and maintaining model fidelity. In addition, using the TYPE report to guide consultation and develop improvement plans will be addressed.</td>
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<td><em>(closed for California Functional Family Therapy Site Supervisors only)</em></td>
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<td>8:45 AM – 10:15 AM</td>
<td><strong>KEYNOTE SPEAKER:</strong> <strong>WHAT WORKS AND WHAT DOESN’T IN REDUCING RECIDIVISM</strong></td>
<td>Academy 1</td>
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<td><strong>Edward Latessa, PhD, Professor and Director, University of Cincinnati</strong></td>
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<td><strong>Moderator: Percy Howard, III, LCSW, President and CEO, California Institute for Behavioral Health Solutions (CIBHS)</strong></td>
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<td>The keynote will focus on helping participants understand the principles of effective intervention and the role that they play in ensuring that evidence-based practices and programs are being utilized. Participants will learn about the principles of risk, need, and responsivity (treatment).</td>
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<td>10:15 AM – 10:30 AM</td>
<td><strong>BREAK</strong></td>
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<td>10:30 AM – 12:00 PM</td>
<td><strong>SESSION FOUR</strong></td>
<td>Academy 2</td>
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<td><strong>AGGRESSION REPLACEMENT TRAINING®: MOVING TOWARD RESILIENCY</strong></td>
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<td><strong>Sarah J. Oliver, M.Ed., Consultant, Educational &amp; Treatment Alternatives, Inc.</strong></td>
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<td><strong>Moderator: Kelly Blitz, Senior Project Coordinator, California Institute for Behavioral Health Solutions (CIBHS)</strong></td>
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<td>Current research indicates the average adolescent needs to physically move about every 17 minutes in order to better retain information. By providing purposeful movement activities before, during or after the therapeutic process, clinicians will help adolescents reduce anxiety, trigger curiosity, and build cognitive bridges between learned information and retention.</td>
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Tuesday, April 16, 2019

10:30 AM – 12:00 PM  Session Four Continued

Academy 6  Trauma Focused-Cognitive Behavioral Therapy: Trust/Safety/Engagement in the DJJ Population
Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma-Focused Cognitive Behavior Therapy
Moderator: Gayaneh Karapetian, MA, LMFT, Director, California Institute for Behavioral Health Solutions (CIBHS)

DJJ population is shown to have excessive exposure to early childhood traumas. With PTSD and complex trauma often comes changes in affect along with distorted world views which impact a client’s ability to engage, trust, and feel safe. Implications are discussed as they relate to milieu management and treatment efficacy.

Academy 4  Motivational Interviewing for Court Mandated People
Bryan Knowles, LMSW, Implementation Specialist, Center for Mental Health Research and Innovation, University of Kansas
Moderator: Amy Faulstich, MSW, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

This presentation explores how Motivational Interviewing (MI) can be applied when working with people who are mandated to treatment. It highlights aspects of MI that are especially useful with this population, considerations for practice, and a research-informed discussion.

Academy 3  Implementing Evidence Based Practices: What Are the Characteristics of an Effective Program and What Gets in the Way
Edward Latessa, PhD, Professor and Director, University of Cincinnati
Moderator: Percy Howard, III, LCSW, President and CEO, California Institute for Behavioral Health Solutions (CIBHS)

We know a great deal about “what works” in reducing recidivism, yet the challenge today is how to translate the research into practice. The workshop will focus on the characteristics of effective programs and identify some of the challenges that we encounter when attempting to implement evidence-based practices and programs. Strategies for dealing with some of the barriers will also be discussed.
SESSION FOUR CONTINUED

Vine A & B
SCREENING AND ASSESSMENT TO SUPPORT JUSTICE-INVOLVED INDIVIDUALS WITH SERIOUS MENTAL ILLNESS
Kira Gunther, MSW, Senior Project Manager, Resource Development Associates
Ardavan Davaran, PhD, Senior Program Associate, Resource Development Associates
MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley

Justice-involved individuals with serious mental illness are diverse in mental health and substance use need, criminogenic risk and needs and socio-demographically. Our presentation highlights how standardized screening and assessment tools can be used to improve outcomes for this population by matching results to appropriate accountability and treatment measures.

Sunset A & B
IMR: ILLNESS MANAGEMENT AND RECOVERY
Kellie Spencer, Consultant and Trainer, University of Kansas
MODERATOR: Rick Goscha, PhD, Senior Vice President, California Institute for Behavioral Health Solutions (CIBHS)

IMR is an evidence-based psychiatric rehabilitation practice to support people in setting and working towards meaningful goals, exploring information and practicing skills to develop mastery over their wellness, and making progress towards their own personal vision of recovery. This session will introduce the values, components and interventions of the model, to support justice-involved individuals in nourishing hope, exploring wellness strategies, and making movement towards the lives they want for themselves.

Academy 5
AN OVERVIEW TO IMPLEMENTING THE EVIDENCED BASED MATRIX MODEL® FOR CRIMINAL JUSTICE SETTINGS
Ahndrea Weiner, MS, LMFT, LPCC, Director of Training, CLARE/MATRIX
MODERATOR: Sheri Green, Program Manager, Sacramento County Behavioral Health Services

The Matrix Model® for Criminal Justice Settings is an evidence-based practice that was specifically adapted to meet the unique needs of law-involved clients. The model was designed to give offenders with substance use disorders the knowledge and structure needed to initiate a program of recovery and pro-social life.

12:00 PM – 1:00 PM
LUNCH (included with registration) ................................. Academy 1

1:00 PM – 2:15 PM
SESSION FIVE
Academy 2  
**AGGRESSION REPLACEMENT TRAINING®: THE PREPARED CURRICULUM POST-SECONDARY READINESS**

*Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.*  
*Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.*

**MODERATOR:** Kelly Bitz, Senior Project Coordinator, California Institute for Behavioral Health Solutions (CIBHS)

This workshop will review with attendees a web-based curriculum for adolescents and adults to prepare them for post-secondary success and can also be used with adults in correctional environments.

Academy 6  
**TRAUMA FOCUSED-COGNITIVE BEHAVIORAL THERAPY: TRAUMA NARRATIVE CONSTRUCTION IN THE DJJ POPULATION**

*Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma-Focused Cognitive Behavior Therapy*

**MODERATOR:** Gayaneh Karapetian, MA, LMFT, Director, California Institute for Behavioral Health Solutions (CIBHS)

TF-CBT has been shown to be an effective treatment for both PTSD and complex trauma in over 30 randomized controlled trials in over 30 different countries. However, a critical component, the trauma narrative, needs to be adapted for complex trauma. The presenter will discuss how to implement adaptations effectively.

Academy 5  
**SEQUENTIAL INTERCEPT MAPPING IN THE CRIMINAL JUSTICE SYSTEM**

*Ian Evans, Clinical Manager, Yolo County Health and Human Services Agency*  
*Jonathan Raven, Assistant District Attorney, Yolo County District Attorney*  
*Sara Gavin, Chief Behavioral Health Officer, CommuniCare Health Centers, Inc.*

**MODERATOR:** Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley

Counties across the nation have committed to reducing the high prevalence of individuals with mental illness in their criminal justice systems in accordance with the Stepping Up initiative. Learn how Yolo County conducted a comprehensive analysis using sequential intercept modeling to identify areas for diversion, improved intervention, and successful reentry.
Sunset A & B

A RELATIONSHIP-BASED APPROACH TO TREATING TRAUMA IN YOUNG CHILDREN VIA EVIDENCE-BASED TREATMENTS (MAP AND TF-CBT)
Alejandra Trujillo, MS, LMFT, TFCBT Lead, San Fernando Valley Community Mental Health Center, Inc. (SFVCMHC)
Kelsey Sillerud, MS, LCSW, Mental Health Clinician II, San Fernando Valley Community Mental Health Center, Inc. (SFVCMHC)
MODERATOR: Sheri Green, Program Manager, Sacramento County Behavioral Health Services

MAP’s PWEBS selects the best fitting evidence-based treatments for trauma/loss responses in young children. However, MAP training/literature are not specific enough to help clinicians implement the protocol with children under two. This session will provide participants with specific interventions to reach each practice elements’ goals while maintaining fidelity to the model.

Academy 3

BEYOND STIGMA: PROMOTING HOPE IN THE CONTEXT OF COURT-ORDERED TREATMENT
Carol Stanchfield, MS, LMFT, Regional Director, Nevada & Placer County, Turning Point Community Programs
The Honorable Thomas M. Anderson, Judge, Superior Court of California, Nevada County, Nevada County Superior Court
Michael Heggarty, MFT, Director of Health & Human Services Agency, Nevada County Health & Human Services Agency
MODERATOR: Alice Washington, BA, Associate, California Institute for Behavioral Health Solutions (CIBHS)

Assisted Outpatient Treatment (AOT), a.k.a., Outpatient Commitment, has been shown to be an effective tool in reducing recidivism, acute hospitalizations, emergency contacts, homelessness and costs associated with untreated severe mental illness. This presentation provides a brief overview of outpatient commitment in California, an emphasis on cross system collaboration and use of EBPS necessary to support a process that promotes hope, improves recovery outcomes and saves lives.
SUCCESS WITH JOB PLACEMENT FOR CONDITIONAL RELEASE PROGRAM AND RE-ENTRY CLIENTS USING IPS

Theresa Razzano, CRC, LMFT, Division Director - Vocational Services, Alameda County Behavioral Health
Jennifer Mullane, LPCC, Assistant Director Older Adult and Adult System of Care, Alameda County Behavioral Health

MODERATOR: Rick Goscha, PhD, Senior Vice President, California Institute for Behavioral Health Solutions (CIBHS)

A frequently overlooked mental health intervention is to get a person a job. There is a wealth of current evidence that supports the practice of Individual Placement and Support (IPS) - Supported Employment to engage and assist individuals with criminal justice histories and mental illness to acquire and maintain employment. Employment helps to create stability, manage mental and physical health symptoms, develop relationships, and improve financial well-being, not to mention improve overall quality of life. This presentation will discuss how Motivational Interviewing (MI) and IPS is used with the conditional release and re-entry populations, what IPS is, how it can be implemented, and how it supports positive organizational change.

RECOVERY SERVICES: IMPROVING TRANSITIONS IN CARE AND SELF-SUSTAINED RECOVERY

Jan Tice, PhD, Consultant/Trainer, California Institute for Behavioral Health Solutions

MODERATOR: Amy Faulstich, MSW, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

The California’s Drug Medi-Cal Organized Delivery System (DMC-ODS) establishes a chronic-disease model of care relying on a continuum of services to address the variable intensity of patient needs. This workshop offers insights and solutions to the problems of patient engagement and level of care transitioning; both essential to successful care management.

2:15 PM – 2:30 PM BREAK

2:30 PM – 3:45 PM SESSION SIX
Academy 2  
AGGRESSION REPLACEMENT TRAINING®: PROGRAM EVALUATION/UTILIZATION OF METRICS FOR AGGRESSION REPLACEMENT TRAINING  
Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.  
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.  
MODERATOR: Kelly Bitz, Senior Project Coordinator, California Institute for Behavioral Health Solutions (CIBHS)  
This workshop will describe the benefits of program evaluation. It will outline the standards for types of evaluation for evidence-based programming. It will also describe the specific metrics utilized for Aggression Replacement Training®.

Academy 6  
TRAUMA FOCUSED-COGNITIVE BEHAVIORAL THERAPY: AFTER THE TRAUMA NARRATIVE- HOW TO MOVE FORWARD WITH THE DJJ CLIENT  
Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma-Focused Cognitive Behavior Therapy  
MODERATOR: Amy Faulstich, MSW, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)  
DJJ children who are born into traumatic contexts or who have experienced multiple traumatic events from an early age often present with more and varied difficulties than classic PTSD. Traditional treatment for PTSD often does not address development of these deficits. The presenter will discuss common deficits and their solutions after treatment of traumatic events.

Academy 3  
COMBINING ARREST RECORDS, CONTROLLED SUBSTANCE DISPENSATIONS, OVERDOSE DEATH DATA, AND MACHINE LEARNING TO BETTER ASSESS PATIENT RISK AND IMPROVE OUTCOMES  
Jim Huizenga, MD, Chief Clinical Officer, Appriss Health  
David Speights, PhD, Chief Data Scientist, Appriss Health  
Ray Atencio, Director, Appriss Safety  
MODERATOR: Rick Goscha, PhD, Senior Vice President, California Institute for Behavioral Health Solutions (CIBHS)  
Incorporating incarceration history into an overdose risk score model/analytic available in a prescription drug monitoring program can help healthcare providers identify patients at the greatest risk of overdose death and better tailor patient treatment options to mitigate that risk.
Sunset A & B  
**EVIDENCE BASED PRACTICES IN REENTRY**  
Julia Vest, LCSW, Director of Placement Administrative Services and Title IV-E Waiver, Los Angeles County Probation Department  
Kelly Glossup, LCSW, Youth and Family Services Manager, Alameda County Sheriff’s Office  
**MODERATOR:** Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley  

This course will identify evidence-based practices that are effective with adult and juvenile reentry programs and will demonstrate the impact of data driven, family focused decision making on detention and placement stays. Examples from the Los Angeles County Probation Department and the Alameda County Sheriff’s Office will be presented.

Academy 5  
**FOSTERING A CULTURE OF DATA: USING IMPLEMENTATION SCIENCE TO SUPPORT ORGANIZATION-WIDE EFFORTS IN THE UTILIZATION AND UNDERSTANDING OF REPORT DATA**  
Mollie Sternberg, Senior Research Analyst, Hathaway-Sycamores Child and Family Services  
Amanda Gentz, Research Analyst, Hathaway-Sycamores Child and Family Services  
Edgar Estrada, Research Assistant I, Hathaway-Sycamores Child and Family Services  
**MODERATOR:** Robin Texeira, Senior Project Coordinator/HIPAA Privacy Officer, California Institute for Behavioral Health Solutions (CIBHS)  

Research on implementation science has shown there are many barriers to fostering a culture of data within an organization. Hathaway-Sycamores, a community mental health agency, will use its experiences to guide attendees to identify and incorporate three fundamental processes for sustaining a culture of data in their existing workflows.
HEALTH AND SUCCESSFUL REENTRY OF POST-INCARCERATED WOMEN IN SOUTHERN CALIFORNIA

Stephen Inrig, PhD, MSCS, Director, Interdisciplinary Healthcare Research, Mount Saint Mary’s University, Executive Director, Women in Transition Re-entry Project Inc.

MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

This workshop will report the preliminary results of designing an evidence-based reentry program for formerly-incarcerated women that integrates life-skills training with mental and physical health management. Integrating the management of women’s long-term health needs in evidence-based reentry interventions may provide longer-term successful reentry and improve the quality of life of formerly incarcerated women.

3:45 PM – 4:00 PM

CONCLUSION AND WRAP-UP

Academy 1

THANK YOU TO OUR EXHIBITORS

Academy of Cognitive Therapy

CEBC

The California Evidence-Based Clearinghouse for Child Welfare

EachMind Matters

California’s Mental Health Movement
# 2019 Evidence-Based Practices Symposium Planning Committee

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<tr>
<th>Name</th>
<th>Title/Role</th>
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<tr>
<td>Kelly Bitz</td>
<td>Senior Project Coordinator, California Institute for Behavioral Health Solutions (CIBHS)</td>
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<tr>
<td>Yvonne Frazier</td>
<td>Project Manager, California Institute for Behavioral Health Solutions (CIBHS)</td>
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<tr>
<td>Feather Gaither, PsyD</td>
<td>Consulting Psychologist, Department of Health Care Services (DHCS)</td>
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<td>Sheri Green</td>
<td>Program Manager, Sacramento County Behavioral Health Services</td>
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<tr>
<td>Debbie Innes-Gomberg, PhD</td>
<td>Deputy Director, Program Development and Outcomes Bureau, Los Angeles County Department of Mental Health</td>
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<td>Gayaneh Karapetian, MA, LMFT</td>
<td>Director, California Institute for Behavioral Health Solutions (CIBHS)</td>
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