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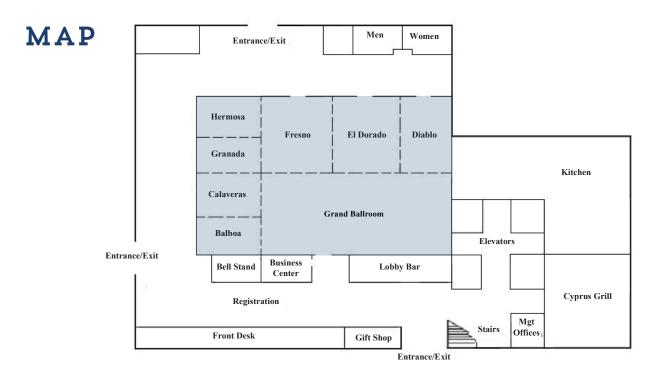
8TH ANNUAL EVIDENCE-BASED PRACTICES SYMPOSIUM

"BUILDING LIVES BEYOND TRAUMA"

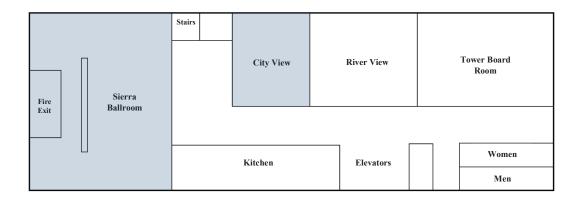
ONSITE PROGRAM

APRIL 5-6, 2018

HOLIDAY INN SACRAMENTO DOWNTOWN - ARENA 300 J STREET, SACRAMENTO, CA 95814



LOBBY FLOOR



16TH FLOOR

Carlo



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EVIDENCE-BASED PRACTICES RESEARCH CONTINUUM

The level of research supporting the effectiveness of a practice can be placed on a continuum; and, over time the level of research-based evidence of effectiveness may change depending on future research results. When the level of research-based evidence is high, the likelihood that the practice can be successfully replicated in diverse settings is also high. These levels of evidence are related to the quality of the research, and the success of a practice in obtaining similar results to those obtained in the research depends on the fidelity of implementation or model adherence.

For example: There are numerous, varied practices with established research-based evidence of effectiveness; however, they often share common characteristics. Effective practices include 10-20 years of research, random clinical trials in real world settings, and independent replication. They are specific to an area of need and outcomes, build on hope and engagement, and tend to have structured components or processes. They tend to be behavioral or cognitive models, have ordered or sequenced components and clear start and end dates.

EFFECTIVE PRACTICE	Achieves outcomes, random clinical trials, independent replication, in real world settings	
EFFICACIOUS PRACTICE	Achieves outcomes, random clinical trials, independent replication, in study settings	
PROMISING PRACTICE	Positive outcomes, quasi-experimental research support or expert consensus	
EMERGING PRACTICE	Recognizable as a distinct practice based on a reasonable theory or rationale; may have other forms of evidence such as practice-based evidence or community consensus	
NOT EFFECTIVE PRACTICE	Significant evidence of no, negative, or harmful outcomes	
NOT EVALUATED	Has not been evaluated, level of effectiveness is not known	

THURSDAY, APRIL 5, 2018

7:15 AM – 5:00 PM	REGISTRATION	Grand Ballroom Foyer	
7:15 AM – 8:30 AM	CONTINENTAL BREAKFAST	Grand Ballroom Foyer	
8:00 AM – 8:30 AM	OPENING REMARKS	Grand Ballroom	
	Percy Howard III, LCSW , Interim Chief Executive Officer, California Insti Health Solutions (CIBHS)	itute for Behavioral	
8:30 AM – 10:00 AM	KEYNOTE SPEAKER EBPS FROM THE PERSPECTIVE OF CULTURE AND CONTEXT	Grand Ballroom	
	Cheryl Grills, PhD , Professor of Psychology, Loyola Marymount University MODERATOR: Percy Howard III, LCSW , Interim Chief Executive Officer, California Institute for Behavioral Health Solutions (CIBHS)		
	This address will examine important considerations when applying ethnocultural groups. Issues of culture, context, and linguistics must assumptions of cultural equivalence of meaning and methods. Func what constitutes mental health, illness and wellness form various e and examples will be discussed.	t be addressed and damental differences in	

10:00 AM – 10:15 AM **BREAK**

10:15 AM - 11:30 AM SESSION ONE

Balboa	USING THE CALIFORNIA EVIDENCE-BASED CLEARINGHOUSE TO SELECT &
	IMPLEMENT AN EVIDENCE-BASED TRAUMA INTERVENTION

Jared Martin, Implementation & Training Specialist, California Evidence-Based Clearinghouse (Rady Children's Hospital: Chadwick Center for Children & Families)

MODERATOR: Lori Ford, PhD, MFT, Associate, California Institute for Behavioral Health Solutions (CIBHS)

This seminar will walk participants through the process of how to effectively select an EBP, including assessing their organizational needs and determining whether change and/or a new program is needed.

Fresno

AGGRESSION REPLACEMENT TRAINING® THE PREPARED ADULT

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc. Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc. MODERATOR: Kelly Bitz, Program Coordinator, California Institute for Behavioral Health Solutions (CIBHS)

This workshop will review the components of the Prepared Adult. Implementation concerns will be addressed for utilization of an adult population. Videos will be reviewed showing actual sessions of each component.

10:15 AM - 11:30 AM SESSION ONE CONTINUED

Hermosa	TF-CBT WITH PRESCHOOLERS AND YOUNG CHILDREN
	Donna Potter, LCSW, <i>TF-CBT Endorsed Trainer</i> MODERATOR: Gayaneh Karapetian, MA, LMFT , Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Working with preschoolers and young children can be intimidating. Many practitioners assume preschoolers are incapable of successfully engaging in a cognitive behavioral therapy approach. This session will demonstrate how to do TF-CBT effectively with preschoolers and young children as well as review the research demonstrating its efficacy with this population.
Calaveras	STRENGTHS MODEL FOR YOUTH: A COMMUNITY-BASED YOUTH-DRIVEN CASE MANAGEMENT MODEL
	Amy Mendenhall, PhD, MSW, Associate Professor, University of Kansas School of Social Welfare MODERATOR: Matthew Blankers, MSW, Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Strengths Model for Youth (SM-Y) is a community-based case management intervention which builds on the relationship between worker and youth and encourages youth-driven goal development and attainment by identifying and building on strengths and resources. This presentation will provide an overview of SM-Y including adaptation from the adult model, the core principles and components, and the current evidence base.
City View	PEER-LED SEEKING SAFETY: AN INNOVATION TO EXPAND CARE
16th Floor	Martha Schmitz, PhD, Senior Trainer, Treatment Innovations MODERATOR: Kristin Dempsey, LMFT, LPCC, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Peer-led Seeking Safety offers an exciting new way to provide evidence-based care for trauma and/or addiction. We will explore how peer-led Seeking Safety is similar and different from professionally-led Seeking Safety; identify the benefits of peer-led Seeking Safety; and examine the evidence on it. We will also cover implementation strategies.
El Dorado	EBP FROM THE PERSPECTIVE OF CULTURE AND CONTEXT/QUESTIONS AND ANSWERS SESSION
	Cheryl Grills, PhD , Professor of Psychology, Loyola Marymount University MODERATOR: Percy Howard III, LCSW , Interim Chief Executive Officer, California Institute for Behavioral Health Solutions (CIBHS)
	This address will examine important considerations when applying EBPs with different ethnocultural groups. Issues of culture, context, and linguistics must be addressed and assumptions of cultural equivalence of meaning and methods. Fundamental differences in what constitutes mental health, illness and wellness form various ethnocentric perspectives and examples will be discussed.

10:15 AM - 11:30 AM SESSION ONE CONTINUED

Granada	MENTAL HEALTH PROVIDER ATTITUDES TOWARD EBPs			
	Patricia Gonzalez, PhD, Research Psychologist, Ventura County Behavioral Health			
	Alexis Villegas, BA, Research Assistant, Ventura County Behavioral H	lealth		
	Angela Riddle, LCSW, Behavioral Health Manager, Ventura County B Oxnard and Santa Clara Valley	H, Youth and Family,		
	MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Vent Youth and Family, Oxnard and Santa Clara Valley	tura County BH,		
	This presentation will identify organizational and mental health provider characteristics that facilitate or hinder the implementation of Evidence-Based Practices (EBPs). A greater understanding of these factors allows for increased acceptance of EBPs and will be conducive to a healthy work environment, particularly within public mental health sectors.			
11:30 AM – 11:45 AM	BREAK			
11:45 AM – 12:45 PM	LUNCH (INCLUDED WITH REGISTRATION)	Grand Ballroom		
12:45 PM – 1:00 PM	BREAK			
1:00 PM – 2:15 PM	SESSION TWO			
Balboa	THE EVALUATION OF PARENT-CHILD INTERACTION THERA NON-PROFIT AGENCY SERVING AT-RISK FAMILIES IN LOS ANG			
	Diana Macias, Research Associate, Research and Evaluation Center, Children's Institute Inc. MODERATOR: Matthew Blankers, MSW, Associate, California Institute for Behavioral Health Solutions (CIBHS)			
	This workshop will describe the utilization of PCIT to lower emotions symptoms in children who have experienced trauma or maltreatreatreatreatreatreatreatreatreatrea	ment. PCIT has also proved		
Fresno	AGGRESSION REPLACEMENT TRAINING®THE PREPARED A UTILIZING FUNCTIONAL FAMILY THERAPY	OULT WITH FAMILIES		
	Mark Amendola, LCSW, BCD, Master Trainer, Educational & Treatme	ent Alternatives, Inc.		
	Robert Oliver, EdD, Master Trainer, Educational & Treatment Alterno			
	MODERATOR: Kelly Bitz, Program Coordinator, California Institute for Solutions (CIBHS)	Behavioral Health		

This workshop will describe the benefits of the combined use of Functional Family Therapy and Aggression Replacement Training[®].

SESSION TWO CONTINUED
ASSESSMENT AND CASE CONCEPTUALIZATION IN TF-CBT Donna Potter, LCSW, TF-CBT Endorsed Trainer MODERATOR: Gayaneh Karapetian, MA, LMFT, Associate, California Institute for Behavioral Health Solutions (CIBHS) The first step in ensuring TF-CBT model fidelity is assessment. This presentation will focus on factors to consider in determining the effectiveness of TF-CBT with particular children, as well as identifying specific free standardized assessment tools that can be used.
STRENGTHENING FAMILIES PROGRAM Angela Da Re, Master Trainer, Strengthening Families MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley
The Strengthening Families Program (SFP) is an evidence-based, 14-session parenting and family skills training program widely implemented with diverse families. This multicomponent intervention involves separate parent and youth skills training groups as well as a family group where they practice strengthening their skills of observation, monitoring, therapeutic play, communication, and effective discipline.
BEST SELF: A NEW MODEL FOR TRAUMA, ADDICTION OR BOTH
Martha Schmitz, PhD, ABPP, Senior Trainer, Treatment Innovations MODERATOR: Kristin Dempsey, LMFT, LPCC, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)
Finding Your Best Self is a new recovery model for trauma and/or addiction by Lisa Najavits. It is designed as self-help and can also be conducted by a counselor in group or individual format. It has 36 short chapters with exercises, recovery skills, and poignant writings by people in recovery.
ELECTRONIC BEHAVIORAL HEALTH SOLUTIONS (eBHS)
Rikke Addis, MA, Associate, CIBHS Pam Hawkins, Senior Associate, CIBHS MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)
Improvement and Innovation Through Data (IITD) is a three-pronged approach created to assist counties and providers in using data meaningfully. The approach includes a web-based data platform (eBHS), implementation support, and data use training. The presentation will include examples of IITD implementations and a live demonstration of the data platform.

SESSION TWO CONTINUED 1:00 PM - 2:15 PM

Granada	GENDERQUEER YOUTH: LEARNING FROM THEIR NARRATIVES
	David Nylund, LCSW, PhD, Professor/Clinical Director, Sacramento State University/Gender Health Center
	Alex Filippelli, ASW, Mental Health Director, Gender Health Center
	MODERATOR: Lori Ford, PhD, MFT, Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Genderqueer youth experience microagressions differently than binary transgender and LGBTQ youth. Youth interviewed by presenters about their experiences, stress that clinicians need to understand the nuances of microagressions, and respond in a way that honours youth agency and self-determination. A queer-informed narrative practice framework that encompasses these elements is presented.
2:15 PM – 2:30 PM	BREAK
2:30 PM – 3:45 PM	PLENARY: A KNOCK ON THE DOOR: Grand Ballroom A FOSTER YOUTH'S STORY OF OVERCOMING TRAUMA
	Lorne Wood, Peer Training Specialist, Stars Behavioral Health Group
	Joseph Solomita, LCSW, Managing Director Stars Training Academy, Stars Behavioral Health Group
	Coral Huntsman, Clinical Training Specialist, Stars Behavioral Health Group
	MODERATOR: Lori Ford, PhD, MFT, Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Former LA County foster-child Lorne Wood will describe how strengths-based practices such
	as Wraparound and the Transition to Independence Process (TIP) Model™ helped him to overcome multiple childhood traumas. Lorne will also discuss the specific interventions that proved most welcoming, effective and transformative for him as a traumatized child.
3:45 PM – 4:00 PM	BREAK

3:45 PM - 4:00 PM

SESSION THREE 4:00 PM - 5:15 PM

Diablo

FUNCTIONAL FAMILY THERAPY-CONTINGENCY MANAGEMENT

Kellie Armey, MSW, LISW-S, FFT Supervisor/Trainer/Consultant, FFT LLC MODERATOR: Lori Ford, PhD, MFT, Associate, California Institute for Behavioral Health Solutions (CIBHS)

Functional Family Therapy-Contingency Management (FFT CM): Introduction to FFT's specific behavioral approach of eliminating youth/family referred behaviors specific to substance use/abuse.

4:00 PM – 5:15 PM	SESSION THREE CONTINUED
Fresno	 THE THERAPEUTIC JOY OF JUGGLING Sarah J. Oliver, MEd, Consultant, Educational & Treatment Alternatives, Inc. Mark Amendola, LCSW, BCD, Master Trainer, Educational & Treatment Alternatives, Inc. Robert Oliver, EdD, Master Trainer, Educational & Treatment Alternatives, Inc. MODERATOR: Kelly Bitz, Program Coordinator, California Institute for Behavioral Health Solutions (CIBHS) Scarf Juggling is a simple tool practitioners can use to stimulate adolescents' brains before,
	during or after the therapeutic process. Juggling activates multiple hemispheres of the brain, reduces stress, and can allow adolescents to feel a sense of accomplishment. Participants in this interactive presentation will learn the components of juggling and will be able to teach those steps to clients for breaks during therapy, counseling or group process.
Hermosa	FINDING SOLUTIONS IN COMPLEX TF-CBT CASES
	Donna Potter, LCSW, TF-CBT Endorsed Trainer MODERATOR: Gayaneh Karapetian, MA, LMFT, Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Meet Nancy and her client Jose. Jose is a 7-year old boy receiving TF-CBT from Nancy to address symptoms related to physical and sexual abuse. Help Nancy problem-solve various stuck points in her treatment and avoid the COWS using creative, effective and engaging intervention strategies throughout the model.
City View 16th Floor	CAN MANDATED TREATMENT BE TRAUMA INFORMED? STRATEGIC USE OF MOTIVATIONAL INTERVIEWING
	Kristin Dempsey, LMFT, LPCC, Senior Associate, CIBHS MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley
	Most organizations providing behavioral health care to the community are challenged by the client that has been "mandated" by the courts, other service providers, employers, government agencies, schools, or families to attend treatmentor else. Individuals who enter care with external pressure to comply have reputations as being difficult to engage and "resistant" to treatment. We soon discover that many mandated individuals have various trauma histories that typically relate to the overall behaviors and presentations that get them into conflict with others. How can an organization support someone in a trauma- informed and collaborative approach if the person does not want to be in the room? This workshop will address the strategic use of Motivational Interviewing (MI) to help engage mandated clients while being respectful of individual choices and needs within the frame of a trauma-informed system. Attendees will learn about the strategic application of the MI philosophy to decrease dissonance in the relationship and identify specific strategies to promote client engagement in treatment.

4:00 PM - 5:15 PM SESSION THREE CONTINUED

El Dorado	 MEASUREMENT, PERSONAL CHANGE AND A TRAUMA-INFORMED PROCESS April Fernando, PhD, Policy Fellow, Chapin Hall at the University of Chicago MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley We live in an information culture where the use of data and measurement to inform our personal decision making is commonplace. Yet, despite our increasing comfort in pinning our likes, providing ratings on our experiences of the services we receive, and hash tagging our thoughts and opinions, we still grapple with ways to track, measure and provide feedback on the efficacy of our clinical practice. This presentation looks at the use of measurement tools in clinical settings and strategies to engage clients in their care and use data throughout the treatment process. A trauma-informed process of measurement will be discussed through the use of the Child and Adolescent Needs and Strengths (CANS).
Balboa	SUPPORTING THE TRANSITION OF L.A. YOUTH OUT OF FOSTER CARE: IMPLEMENTATION AND EVALUATION STRATEGIES OF AN INDIVIDUALIZED TRANSITION SKILLS PROGRAM
	Vera Stiefler Johnson, Research Associate, Children's Institute, Inc. MODERATOR: Yvonne Frazier, Project Manager, California Institute for Behavioral Health Solutions (CIBHS)
	The Individualized Transition Skills Program (ITSP) supports L.A. youth in their transition out of the foster care system. We will provide an in-depth profile of the program's effective components and practices; share youth outcomes after six months and one year of program participation; and discuss methods for utilizing evaluation data to continuously adapt program structure and content.
Calaveras	TOGETHER FACING THE CHALLENGE: AN EVIDENCE-BASED MODEL FOR TREATMENT FOSTER CARE
	Maureen Murray, LCSW, Assistant Professor, Duke University Medical Center Allen Murray, Co-Director, Together Facing the Challenge LLC MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Together Facing the Challenge (TFTC) is an evidence-based training program for therapeutic foster care agency staff and foster parents. Developed with support from NIMH, and presently in use over 20 states, TFTC combines a trauma focused approach with practical positive parenting techniques with a CBT focus.

4:00 PM - 5:15 PM SESSION THREE CONTINUED

Granada

FAMILY ACCEPTANCE PROJECT: ADDRESSING THE TRAUMA OF FAMILY REJECTION & INCREASING SUPPORT TO BUILD HEALTHY FUTURES FOR LGBTQ YOUTH

Caitlin Ryan, PhD, ACSW, Director, Family Acceptance Project - San Francisco State University MODERATOR: **Percy Howard III, LCSW**, Interim Chief Executive Officer, California Institute for Behavioral Health Solutions (CIBHS)

The Family Acceptance Project has developed the first family support model to prevent risk and promote well-being for LGBTQ children and youth in the context of their cultures and faith communities. Session provides an overview of key research, resources and strategies to address the trauma of rejection and increase acceptance.

5:15 PM

CLOSING

5:30 PM – 6:45 PM

NETWORKING RECEPTION

REACHING CALIFORNIA'S DIVERSE COMMUNITIES: NETWORKING AND ASK-AN-EXPERT ROUND ROBIN

Each Mind Matters is excited to host the Networking Reception! Reception will include opportunities to network and mix with conference attendees, hear a brief update on what's new from "Each Mind Matters: California's Mental Health Movement," and participate in an Ask-An-Expert Round Robin to learn about new research, innovative programs, and much more. Hosted hor d'oeuvres.



Sierra Ballroom

FRIDAY, APRIL 6, 2018

8:00 AM – 4:00 PM	REGISTRATION	Grand Ballroom Foyer
8:00 AM – 9:00 AM	CONTINENTAL BREAKFAST	Grand Ballroom Foyer
	FFT SITE SUPERVISOR WORKSHOP	
8:30 AM – 4:30 PM	 FFT: ADVANCING FFT SUPERVISOR PRACTICE Kellie Armey, MSW, LISW-S, FFT Supervisor/Trainer/Consultant, FFT LI Tracye Jones, MBA, LMFT, CIBHS Statewide FFT Consultant Zuelika Xicotencatl, LCSW, Clinical Therapist, FFT Consultant, San Bern Lori Ford, PhD, MFT, Associate, California Institute for Behavioral Hea MODERATOR: Lori Ford, PhD, MFT, Associate, California Institute for Be Solutions (CIBHS) 	nardino Ith Solutions (CIBHS)
	One day training for all FFT trained site supervisors across the State of California with the goal of elevating FFT supervisor practice. Heavy emphasis will be placed on increasing competent supervision across complex issues, the use of data as a supervisor tool and review of practice supervisor staffing protocol and fidelity to the model. (Closed to FFT Site Supervisors Only.)	
8:45 AM – 10:15 AM	KEYNOTE: BUILDING LIVES IN THE COMMUNITY THROUGH TRAUMA-INFORMED APPROACHES Raul Almazar, RN, MA, Senior Public Health Advisor, Almazar Consulti	Grand Ballroom ng, NASMHPD's

Center for Innovations in Trauma Informed Approaches MODERATOR: Kristin Dempsey, LMFT, LPCC, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

The presentation will be on promising practices in helping people heal in communities by applying trauma-informed approaches. It will also highlight innovative approaches in organizations, systems and communities.

10:15 AM – 10:30 AM **BREAK**

10:30 AM - 11:45 AM SESSION FOUR

El Dorado

PARTICIPATORY WORKSHOP: WHERE DO WE GO ONCE WE UNDERSTAND TRAUMA-INFORMED CARE?: EXPLORING A VARIETY OF ORGANIZATIONAL AND COMMUNITY INNOVATIONS.

Raul Almazar, MA, RN, Senior Public Health Advisor, Almazar Consulting, NASMHPD's Center for Innovations in Trauma Informed Approaches

MODERATOR: Kristin Dempsey, LMFT, LPCC, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

This workshop will present the behaviors and outcomes of organizations after the understand the concepts of trauma-informed care. Workshop participants will be invited to share their own program and community innovations and take the next steps toward creating trauma-informed programs and practices.

10:30 AM - 11:45 AM SESSION FOUR CONTINUED

Fresno	AGGRESSION REPLACEMENT TRAINING [®] THE PREPARED CURRICULUM POST-SECONDARY READINESS
	Mark Amendola, LCSW, BCD, Master Trainer, Educational & Treatment Alternatives, Inc. Robert Oliver, EdD, Master Trainer, Educational & Treatment Alternatives, Inc. MODERATOR: Kelly Bitz, Program Coordinator, California Institute for Behavioral Health Solutions (CIBHS)
	This workshop will review with attendees a web based curriculum for adolescents to prepare them for post-secondary success.
Balboa	CAREGIVER ENGAGEMENT AND INVOLVEMENT IN TF-CBT
	Alison Hendricks, LCSW, Hendricks Consulting MODERATOR: Gayaneh Karapetian, MA, LMFT, Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Caregiver involvement is essential to successful TF-CBT implementation, but initial and ongoing caregiver engagement in the treatment process can be challenging. This workshop will present strategies for engaging and involving caregivers throughout treatment. Specific interventions for caregivers will be demonstrated for each PRACTICE component, and resources for caregivers will be highlighted.
Diablo	ALTERNATIVES FOR FAMILIES: A COGNITIVE BEHAVIORAL THERAPY (AF-CBT): AN OVERVIEW OF AN EBP FOR CHILD AND FAMILY AGGRESSION AND ABUSE
	Barbara Baumann, PhD, National AF-CBT Trainer and Consultant, University of Pittsburgh School of Medicine MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley
	This workshop is for counseling and child welfare staff interested in learning about an evidence-based, trauma-focused treatment that addresses in one model parenting, anger management, social skills, and communication for children (5-17) and their caregivers. AF-CBT is designed for families experiencing high levels of conflict, physical discipline, or child aggression.
Calaveras	FACTORS AFFECTING IMPLEMENTATION: UPDATES TO STAFF-LEVEL IMPACTS OF BEST PRACTICE
	 Amanda Gentz, Research Assistant II, Hathaway-Sycamores Child and Family Services Rebecca Stephens, MA, Research Analyst, Hathaway-Sycamores Child and Family Services Jennifer Regan, PhD, Assistant Director of Clinical Training and Evidence-Based Practice, Hathaway-Sycamores Child and Family Services MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health
	Solutions (CIBHS) Given the implementation barriers present, one strategy Hathaway-Sycamores used to
	insure sustainability of EBPs was to examine staff-level outcomes relevant to trainings focused on staff exposed to secondary trauma. The research focused on provider knowledge retention following training, provider ability to increase compassion satisfaction and reduce burnout, and consumer outcomes.

10:30 AM - 11:45 AM SESSION FOUR CONTINUED

Hermosa	EXECUTIVE AND MANAGEMENT SUPPORT OF EBP IMPLEMENTATION		
	Percy Howard III, LCSW , Interim Chief Executive Officer, California Institute for Health Solutions (CIBHS)		
	MODERATOR: Percy Howard III, LCSW , Interim Chief Executive Officer, Californ Behavioral Health Solutions (CIBHS)	nia Institute for	
	Practice implementation is difficult without the energized support of Exe Middle Managers. They set the tone for value-driven delivery of services and have the authority to limit or remove barriers to implementation. The focus on providing these leaders with implementation strategies.	in an organization,	
City View 16th Floor	HEALING TRAUMA/EXPLORING TRAUMA: BRIEF INTERVENTIONS FOR WOMEN AND MEN		
	Carol Ackley, LADC , CEO, Ackley Consulting and Training MODERATOR: Yvonne Frazier , Project Manager, California Institute for Behavioral Health Solutions (CIBHS)		
	This workshop will introduce the six-session trauma curriculum HEALING TRAUMA/ EXPLORING TRAUMA; BRIEF INTERVENTIONS FOR WOMEN AND MEN. It is designed for women and men who have been abused or have experienced other forms of trauma. Both completed and ongoing research will be discussed.		
11:45 AM – 12:00 PM	BREAK		
12:00 PM – 1:00 PM	LUNCH (INCLUDED WITH REGISTRATION)	Grand Ballroom	
1:00 PM – 1:15 PM	BREAK		

1:15 PM – 2:30 PM **SESSION FIVE**

Fresno AGGRESSION REPLACEMENT TRAINING® PROGRAM EVALUATION/UTILIZATITION OF METRICS FOR AGGRESSION REPLACEMENT TRAINING®

> Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc. Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc. MODERATOR: Kelly Bitz, Program Coordinator, California Institute for Behavioral Health Solutions (CIBHS)

This workshop will describe the benefits of program evaluation. It will outline the standards for types of evaluation for evidence based programming. It will also describe the specific metrics utilized for Aggression Replacement Training[®].

1:15 PM – 2:30 PM	SESSION FIVE CONTINUED
El Dorado	ADDRESSING CRISES OF THE WEEK (COWS) IN TF-CBT IMPLEMENTATION
	Alison Hendricks, LCSW, Hendricks Consulting MODERATOR: Gayaneh Karapetian, MA, LMFT, Associate, California Institute for Behavioral Health Solutions (CIBHS)
	Dealing with frequent client crises is a common challenge to TF-CBT implementation. This workshop will provide strategies for addressing COWs throughout the treatment process. Case vignettes will be used to help participants differentiate between real crises and avoidance and to apply the PRACTICE skills to address COWs.
Diablo	WORKING WITH CAREGIVERS IN TREATMENT FOR SUBSTANCE USE DISORDERS: MODIFICATIONS FOR IMPLEMENTING ALTERNATIVES FOR FAMILIES: A COGNITIVE BEHAVIORAL THERAPY (AF-CBT)
	Barbara Baumann, PhD, National AF-CBT Trainer and Consultant, University of Pittsburgh School of Medicine
	MODERATOR: Angela Riddle, LCSW, Behavioral Health Manager, Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley
	This workshop focuses on learning about AF-CBT, an evidence-based, trauma-focused treatment designed for families experiencing high levels of conflict, physical discipline, or child aggression, as it applies to caregivers in treatment for substance use disorders. We will explore possibilities for modifying AF-CBT for this population in group and individual sessions.
Balboa	PRACTICE-BASED EVIDENCE FOR AN AGENCY-DEVELOPED TREATMENT FOSTER CARE MODEL
	Amy Strickler, PhD, Director of Organizational Performance, Pressley Ridge
	Cha-Tanya Lankford, LCSW, Program Director, Pressley Ridge MODERATOR: Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)
	This presentation will provide information about an agency-developed treatment foster care model that addresses youth's emotional and behavioral issues. The application of trauma- informed care within the model through evidence-based screenings, assessments, and treatments will be discussed. An overview of the model's outcomes and published research will be provided.

1:15 PM - 2:30 PM SESSION FIVE CONTINUED

Calaveras	MOTIVATIONAL INTERVIEWING AS A TRAUMA-INFORMED APPROACH		
	Kristin Dempsey, LMFT, LPCC, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)		
	MODERATOR: Kristin Dempsey, LMFT, LPCC, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)		
	This workshop will compare the basic concepts of trauma-informed care (Fallot & Harris, 2009; SAMHSA, 2014) and the conceptual framework of Motivational Interviewing (Miller & Rollnick 2013). Workshop attendees will engage in a discussion of how Motivational Interviewing (MI) can be used to develop, support, and strengthen trauma-informed systems of care (TIC). By the end of the workshop, specific MI strategies to promote a trauma-informed system of care as well as individual trauma-responsive clinical and administrative practices will be identified. Resources for further study will also be provided.		
Hermosa	TURNING A MANDATE INTO AN OPPORTUNITY		
	Nate Israel, PhD, Policy Fellow, Chapin Hall at the University of Chicago		
	MODERATOR: Rikke Addis, MA, Associate, California Institute for Behavioral Health Solutions (CIBHS)		
	California's DHCS and DSS identified the Child and Adolescent Needs and Strengths (CANS) as the assessment tool for children, providing an opportunity to align decision making and		
	facilitate effective care. This workshop describes Transformational Collaborative Outcomes		
	Management and the CANS to inform decision making at all levels of the system.		
City View 16th Floor	HELPING WOMEN RECOVER: A TRAUMA-INFORMED PROGRAM FOR TREATING SUBSTANCE ABUSE		
	Carol Ackley, LADC, CEO, Ackley Consulting and Training		
	MODERATOR: Yvonne Frazier , Project Manager, California Institute for Behavioral Health Solutions (CIBHS)		
	Helping Women Recover: A Trauma-Informed Program for Treating Substance Abuse by Dr. Stephanie Covington offers a comprehensive treatment model integrating theories of addiction, women's psychological development and trauma, emphasizing the key issues of self, relationships, sexuality, spirituality and therapeutic techniques for these issues. Completed and ongoing research will be discussed.		
2:30 PM – 2:45 PM	BREAK		

2:45 PM – 4:00 PM	SESSION SIX			
Fresno	AGGRESSION REPLACEMENT TRAINING [®] MOVING TOWARD RESILIENCY Sarah J. Oliver, MEd, Consultant, Educational & Treatment Alternatives, Inc. MODERATOR: Kelly Bitz, Program Coordinator, California Institute for Behavioral Health Solutions (CIBHS)			
	Current research indicates the average adolescent needs to physically move about every 17 minutes to better retain information. By providing purposeful movement activities before, during or after the therapeutic process, clinicians will help adolescents reduce anxiety, trigger curiosity, and build cognitive bridges between learned information and retention.			
El Dorado	TF-CBT, CHILD TRAUMATIC GRIEF, AND THE OPIOID EPIDEMIC			
	Alison Hendricks, LCSW, Hendricks Consulting			
	The opioid epidemic is impacting countless children and families across the country. Children are experiencing trauma related to parental substance abuse and overdose. This workshop will focus on applying TF-CBT to traumas related to parental drug addiction, including child traumatic grief due to parental overdose. The components of child traumatic grief will be reviewed and applied to case examples.			
City View	PEER RESPITES LEADING CHANGE FOR MENTAL HEALTH			
16th Floor	Laysha Ostrow, PhD, CEO, Live & Learn, Inc. MODERATOR: Matthew Blankers, MSW, Associate, California Institute for Behavioral Health Solutions (CIBHS)			
	Peer respites are voluntary, short-term, overnight programs that provide community- based, non-clinical crisis support to help people find new understanding and ways to move forward. This presentation by Live & Learn, Inc. will highlight developments in the peer respite evidence and program model, with attention to California innovations and opportunities.			
Calaveras	CREATING A TRAUMA-INFORMED SYSTEM			
	Ken Epstein, PhD , Director of Children Youth and Families System of Care, San Francisco Department of Public Health CYF Behavioral Health			
	Briana Loomis, PhD , Director of Trauma Informed Systems Evaluation/CCSF Domestic Violence Victim Liaison, San Francisco Department of Public Health			
	MODERATOR: Yvonne Frazier , Project Manager, California Institute for Behavioral Health Solutions (CIBHS)			
	The San Francisco Department of Public Health is implementing a trauma-informed systems (TIS) model to address the impact of trauma within organizations. Thousands of staff and dozens of organizations have begun adopting TIS values. Development, implementation, and evaluation focus on creating and sustaining TIS knowledge and practices through relationships.			

2:45 PM-4:00 PM SESSION SIX CONTINUED

Balboa	TREATMENT FOSTER CARE OREGON - AN EVIDENCE-BASED INTERVENTION		
	John D. Aarons, MS, President, TFC Consultants, Inc. MODERATOR: Percy Howard III, LCSW, Interim Chief Executive Officer, Ca for Behavioral Health Solutions (CIBHS)	lifornia Institute	
	This presentation is an overview of the Treatment Foster Care Orego associated research. This evidence-based model is a family-based fo for highly traumatized at-risk children, youth, and families; and it ser to residential treatment or incarceration as a result of severe behavi problems.	ster care alternative ves as an alternative	
Diablo	THE STRENGTHS MODEL: A RECOVERY ORIENTED APPROACI BEHAVIORAL HEALTH SERVICES	нто	
	Rick Goscha, PhD, MSW, Director, California Institute for Behavioral Hea Matthew Blankers, MSW, Associate, California Institute for Behavioral I MODERATOR: Matthew Blankers, MSW, Associate, California Institute fo Solutions (CIBHS)	Health Solutions (CIBHS)	
	The Strengths Model is a recovery-oriented, evidence-based practic with a solid research base demonstrating improved outcomes in the hospitalization, competitive employment, post-secondary education and other quality of life indicators. The model is designed to help pe and important recovery goals and then mobilize highly individualized them. Participants will be introduced to the principles, tools, and me which are designed to help people achieve goals that bring meaning sense of self-identity to their lives.	e areas of psychiatric n, independent living, cople identify meaningful d strengths to achieve ethods of the model,	
Hermosa	FEEDBACK INFORMED TREATMENT: AN APPROACH FOR EVA AND IMPROVING THE QUALITY AND EFFECTIVENESS OF BEHAVIO		
	 Pam Hawkins, Senior Associate, California Institute for Behavioral Healt Rikke Addis, MA, Associate, California Institute for Behavioral Health Sc Gayaneh Karapetian, MA, LMFT, Associate, California Institute for Beha Solutions (CIBHS) MODERATOR: Pam Hawkins, Senior Associate, California Institute for Beha Solutions (CIBHS) 	olutions (CIBHS) avioral Health	
	Feedback Informed Treatment is a pantheroretical approach for eval the quality and effectiveness of behavioral health services. The focu is to routinely and formally solicit feedback from clients/family mem therapeutic alliance and outcome of care, and using the resulting inf tailor service delivery.	s of the approach bers regarding the	
4:00 PM – 4:15 PM	CONCLUSION AND WRAP-UP	Grand Ballroom	

EVIDENCE-BASED PRACTICES SYMPOSIUM PLANNING COMMITTEE

Kelly Bitz

Program Coordinator California Institute for Behavioral Health Solutions (CIBHS)

Matthew Blankers, LMSW Associate California Institute for Behavioral Health Solutions (CIBHS)

Paul Curtis Executive Director California Council of Community Behavioral Health Agencies (CCCBHA)

Kristin Dempsey, MS, MFT Senior Associate California Institute for Behavioral Health Solutions (CIBHS)

Lori Ford, MFT, PhD Associate California Institute for Behavioral Health Solutions (CIBHS)

Yvonne Frazier Project Manager California Institute for Behavioral Health Solutions (CIBHS)

Rick Goscha, PhD, MSW Director California Institute for Behavioral Health Solutions (CIBHS)

Khani Gustafson, MSW Senior Associate California Institute for Behavioral Health Solutions (CIBHS) Pam Hawkins Senior Associate California Institute for Behavioral Health Solutions (CIBHS)

Percy Howard III, LCSW Interim Chief Executive Officer California Institute for Behavioral Health Solutions (CIBHS)

Gayaneh Karapetian, MA, LMFT Associate California Institute for Behavioral Health Solutions (CIBHS)

Jason Murphy, PhD Consulting Psychologist Department of Health Care Services (DHCS)

> Calla Peltier-Olson Youth Organizer – Social Worker 1 Humboldt County Department of Health and Human Services

> > Angela Riddle, LCSW

Behavioral Health Manager Ventura County BH, Youth and Family, Oxnard and Santa Clara Valley

Lynn Thull, PhD

Consultant for Mental Health Policy and Practice Improvement California Alliance of Child and Family Services

> Alice Washington Associate California Institute for Behavioral Health Solutions (CIBHS)





2125 19th Street Sacramento, CA 95818 Phone: 916.556.3480 Fax: 916.556.3478 **CIBHS.ORG**