

**9th Annual Evidence-Based Practices Symposium
Marriott Burbank Airport Hotel, Burbank, CA**

Monday, April 15, 2019

7:15 AM – 5:00 PM **REGISTRATION**

7:15 AM – 8:30 AM **CONTINENTAL BREAKFAST**

8:15 AM – 8:45 AM **OPENING REMARKS**

Brenda Grealish, Acting Deputy Director, Mental Health and Substance Use Disorder Services, California Department of Health Care Services

Percy Howard, III, LCSW, President and CEO, California Institute for Behavioral Health Solutions

8:45 AM – 10:15 AM **KEYNOTE SPEAKER:**

Delivering Public Safety Equitably

James Bell, JD, Founder and President, The W. Haywood Burns Institute

The first wave of reforms in public systems has underscored the importance of understanding social determinants regarding community needs and service delivery. However, these reforms have not reduced over-representation by communities of color. Mr. Bell will discuss the next iteration of reform and transformation.

10:15 AM – 10:30 AM **BREAK**

10:30 AM – 12:00 PM **SESSION ONE**

Delivering Public Safety Equitably

James Bell, JD, Founder and President, The W. Haywood Burns Institute

This session will build upon Mr. Bell's keynote by engaging the mission and structures of our agencies, metrics for success and harm reduction.

The first wave of reforms in public systems has underscored the importance of understanding social determinants regarding community needs and service delivery. However, these reforms have not reduced over-representation by communities of color. Mr. Bell will discuss the next iteration of reform and transformation.

Aggression Replacement Training®: Move to Learn, Learn to Move 1

Sarah J. Oliver, M.Ed., Consultant, Educational & Treatment Alternatives, Inc.

Current research indicates that when movement is added to the learning of cognitive skills, it enhances procedural or "muscle" memory. This workshop will focus on movement in conjunction with Aggression Replacement Training®

Trauma-Sensitive Interventions for Sexually Exploited Youth

Brandi D. Liles, PhD, Psychologist II, UC Davis Children's Hospital CAARE Center

Dawn M. Blacker, Supervising Psychologist II, UC Davis Children's

Hospital CAARE Center

Goal of presentation is to learn practical strategies related to providing trauma-sensitive interventions for sexually exploited youth. Participants will engage in discussion related to safety planning of at-risk behaviors (e.g. elopement, drug use, continued exploitation), assessment for readiness for trauma treatment, and practical applications of trauma-based interventions.

Strengths Model

Rick Goscha, PhD, Senior Vice President, California Institute for Behavioral Health Solutions

Ally Mabry, Director, Center for Mental Health Research and Innovation, University of Kansas

Bryan Knowles, LMSW, Implementation Specialist, Center for Mental Health Research and Innovation, University of Kansas

The Strengths Model is a recovery-oriented, evidence-based practice designed to help people identify meaningful and important goals and then mobilize highly individualized strengths to achieve them. The session will introduce the principles, tools, and methods of the model, to help justice-involved individuals build lives that bring meaning, purpose, and valued identities.

Pathways to Permanency-Dismantling System of Care Pipeline

Ariel Bustamante, Training and Coaching Manager, Los Angeles LGBT Center

Nationally, LGBTQ+ youth are disproportionately represented in child welfare systems, the juvenile justice system, mental health systems, and amongst youth experiencing homelessness/displacement. Utilizing evidence-informed strategies developed through our research project with the William's Institute, we will discuss and challenge the barriers and outcomes LGBTQ+ youth of color face in systems of care. Blending community organizing, grass-tops advocacy, and social work disciplines, participants will gain knowledge and tools needed to disrupt the intricate pipelines of rejection and negative outcomes for LGBTQ+ youth in systems of care at their local level.

Evidence Based Practice Implementation for Those Experiencing Incarceration and Mental Illness

Brittany Curran, LMFT, Mental Health Clinical Specialist, Contra Costa Behavioral Health Services

Forensic Mental Health has implemented a program with Contra Costa County Probation to provide mental health services for individuals on probation. Staff provides individual and evidence-based group treatment, with the goal of treating symptoms and reducing recidivism. Assessment tools are used to measure outcomes and inform treatment.

Successful Reentry! Using SOAR for People with SMI Involved in the Criminal Justice System

Abigail Kirkman, Senior Project Associate, SAMHSA SOAR Technical Assistance Center at Policy Research Associates
Daniel Coladonato, Project Associate, SAMHSA SOAR Technical Assistance Center at Policy Research Associates

SOAR (SSI/SSDI Outreach, Access, and Recovery) is a model designed to increase access to the disability income benefit programs administered by the Social Security Administration for people who are experiencing or at risk of homelessness. Disability benefits are critical sources of income for individuals with disabling mental or physical health conditions. Benefits can result in increased access to housing and improved healthcare outcomes. Integration of the SOAR model into the criminal justice arena has shown promise in promoting post release success and reducing recidivism among those involved in the criminal justice system who are experiencing symptoms of mental illness. This presentation will discuss the specific challenges faced by people with disabling conditions who are justice-involved, including their vulnerability to homelessness, and will feature outcome results from SOAR collaborations with entities that serve this population.

12:00 PM – 1:00 PM **LUNCH** (included with registration)

1:00 PM – 2:15 PM **SESSION TWO**

Aggression Replacement Training®: Today's Prepared Student

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

This workshop will describe the benefits of Today's Prepared Student. The curriculum includes Aggression Replacement Training®, Character Education, Empathy, Problem-Solving, Training and Career Readiness.

Trauma Focused-Cognitive Behavioral Therapy: Overview of PTSD and Complex Trauma in the DJJ Population

Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma Focused Cognitive Behavior Therapy

Understanding the manifestation of both PTSD as well as complex trauma in the DJJ population is essential in both management and treatment of this population. The presenter will discuss research in understanding some of the underlying biological mechanisms of trauma, as well as implications for working with this population.

Functional Family Therapy: Keeping Model Fidelity during Changing Times

Tonya Bauhofer, Juvenile Justice and Crime Prevention Program Director, Stanford Youth Solutions

Jerone Morgan, Juvenile Justice and Crime Prevention Program FFT site supervisor, Stanford Youth Solutions

Stanford Youth Solutions' Juvenile Justice and Crime Prevention Program is in partnership with Sacramento County Probation to provide Functional Family Therapy to youth from mild to severe offenders. Our program has shown excellent outcomes for youth and families in reducing recidivism rates and improving overall positive community impact.

Mental Health Drug Courts

Stephen Manley, JD, Superior Court Judge in Santa Clara County

TBD

Assertive Community Treatment (ACT) Model for Community Integration and Recovery

Emery Cowan, LPCC, LMHC, BH Services Administrator, Solano County Behavioral Health

Assertive Community Treatment (ACT) is an extensively researched evidence-based practice that consists of a transdisciplinary team who provide intensive services to people with serious mental illness and co-occurring substance use challenges to maximize their recovery outcomes. ACT has been shown to be effective in a variety of measures including reduction in hospital days and housing stability. The training will also review the fidelity measure (TMACT) and its application for Full Service Partnership teams, including those serving individuals with criminal justice backgrounds.

Building a Training Curricula that Facilitates Real Attitudinal and Behavioral Changes Toward Effective and Sustainable Use of MAP

Katherine Tsai, PhD, MPH, Director of Research and Clinical Training, Five Acres

David Felix, LMFT, Quality Assurance Clinician, Five Acres

Adam Haynes, LCSW, Evidence-based Practice Trainer, Five Acres

Given the multitude of tasks required of them, providers can sometimes view EBP training as just another thing to get done. The panelists will discuss agency wide policy and infrastructural changes that were made to better support effective uptake of the Managing and Adapting Practices (MAP) system. They will also share how they altered their MAP training curricula to shift attitudes toward EBPs and increase sustained, high-level use of MAP practices and resources while minimizing staff burden and burnout.

Nurturing Parenting Programs

Nanci Vargas, MA, LMFT, Nurturing Parenting National Recognized Trainer, Nurturing Parenting Programs

Nurturing Parenting Programs are designed for the treatment and prevention of child abuse and neglect. The Nurturing Programs are family-based interventions where parents and their children learn similar knowledge and skills for improving the quality of their lives. Built

in assessment strategies allow facilitators and parents to chart the course of their successes.

2:15 PM – 2:30 PM

BREAK

2:30 PM – 3:45 PM

PLENARY

From Adversity to Hope

Stephen Manley, JD, Superior Court Judge in Santa Clara County

Stephanie Welch, MSW, Executive Director of the Council on Criminal Justice and Behavioral Health (CCJBH) based in the Office of the Secretary at the California Department of Corrections and Rehabilitation (CDCR)

Anti-Recidivism Coalition (ARC), Mentorship Services

This panel will discuss criminal justice from three perspectives: an individual with lived experience, a judge, and a policy advocate. A member of the Anti-Recidivism Coalition will talk about the experiences of incarceration and reentry into the community, what worked and what didn't. Judge Manley and Stephanie Welch will discuss key issues and challenges with criminal justice and reentry, the necessity of interdisciplinary teams and cross training, and provide hope around what works.

3:45 PM – 4:00 PM

BREAK

4:00 PM – 5:15 PM

SESSION THREE

Aggression Replacement Training®: The Prepared Adult

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

This workshop will review the components of The Prepared Adult. Implementation concerns will be addressed for utilization of an adult population. Videos will be reviewed showing actual sessions of each component.

Trauma Focused-Cognitive Behavioral Therapy: Assessing the DJJ Client for PTSD and Complex Trauma

Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma Focused Cognitive Behavior Therapy

Because of the complex presentations of trauma in the DJJ client, assessing accurately for PTSD and complex trauma presents several hurdles unique to this population. The presenter will discuss the specific challenges to assessment and techniques for overcoming these challenges.

The Power of Employment in Changing Lives: What you need to know to implement IPS Supported Employment

Emery Cowan, LPCC, LMHC, BH Services Administrator, Solano County Behavioral Health

Rick DeGette, Behavioral Health Director, Stanislaus County Behavioral

Health and Recovery Services

IPS is an evidence-based approach to employment and education for people with mental illnesses and substance abuse disorders. The model has evolved to serve other populations, including transition-aged youth, veterans, and justice-involved individuals. The session will provide practical information on IPS implementation within an organization.

Forensic Peer Support

Matthew Blankers, MSW, California Institute for Behavioral Health Solutions

Anti-Recidivism Coalition (ARC), Mentorship Services

TBD

Parent Empowerment in Preventing Juvenile Delinquency

Dan Thorne, LMFT, CEO, Parents Reach Achieve and Excel through Empowerment (Praxes)

Research indicates a connection between parenting stress, a child's behavior, and criminal activity. When parents learn self-care skills, their child's needs, and parenting approaches, family stress decreases. This workshop will discuss PRAXES' Intensive Model, its research and why its unique approach works with children at risk of juvenile delinquency.

Mental Health and Justice System: Behavioral Health Court Model Puts Teams on the Same Page

Sarah Nudel, Administrator, Telecare Corporation

Robin Weintraub, Administrator, Telecare Corporation

Telecare offers two behavioral health court programs — one in Orange County and the other in San Diego — that are unique treatment modalities for individuals with severe mental illness who are currently on formal probation. This presentation explains how these programs successfully serve this unique population across distinct county systems.

Innovative Approaches to Real Workforce Challenges

Patty Blum, PhD, CPRP, Executive Vice President, Crestwood Behavioral Health, Inc.

Martha Crawford, MFT, ALWF, Campus Administrator; Lead Advance Level WRAP Facilitator, Crestwood Behavioral Health, Inc.

Alec Atkin, MBA, BSME, Lean Six Sigma Black Belt, Director of Performance Improvement, Crestwood Behavioral Health, Inc.

The OWL Project is a collaboration between The Copeland Center and Crestwood to transform the wellness of Crestwood's workforce. It demonstrates Crestwood's workplace wellness through implementing practices that made WRAP an EBP and a Leadership Committee to oversee trainings. When difficult problems occur, we often do not know how to approach them to get the desired outcomes. Additionally, at Crestwood Behavioral Health, we have adopted the Six Sigma methodology. It's a great way to systematically identify a problem, define it, solve and verify that changes put in place are occurring.

5:15 PM

CLOSING

5:30 PM – 6:45 PM

NETWORKING RECEPTION

REACHING CALIFORNIA’S DIVERSE COMMUNITIES: NETWORKING AND ASK-AN-EXPERT ROUND ROBIN

Each Mind Matters is excited to host the Networking Reception! Reception will include opportunities to network and mix with conference attendees, hear a brief update on what’s new from “Each Mind Matters: California’s Mental Health Movement,” and participate in an Ask-An-Expert Round Robin to learn about new research, innovative programs, and much more. Hosted hors d’oeuvres.

DRAFT

Tuesday, April 16, 2019

8:00 AM – 4:00 PM **REGISTRATION**

8:00 AM – 9:00 AM **CONTINENTAL BREAKFAST**

8:30 AM – 4:30 PM Functional Family Therapy – California Site Supervisor Training
(closed for California Functional Family Therapy Site Supervisors only)
Kim Mason, FFT LLC

8:45 AM – 10:15 AM **KEYNOTE SPEAKER:**
What Works and What Doesn't in Reducing Recidivism
Edward Latessa, PhD, Professor and Director, University of Cincinnati

The keynote will focus on helping participants understand the principles of effective intervention and the role that they play in ensuring that evidence-based practices and programs are being utilized. Participants will learn about the principles of risk, need, and responsivity (treatment).

10:15 AM – 10:30 AM **BREAK**

10:30 AM – 12:00 PM **SESSION FOUR**

Aggression Replacement Training®: Moving Toward Resiliency
Sarah J. Oliver, M.Ed., Consultant, Educational & Treatment Alternatives, Inc.

Current research indicates the average adolescent needs to physically move about every 17 minutes in order to better retain information. By providing purposeful movement activities before, during or after the therapeutic process, clinicians will help adolescents reduce anxiety, trigger curiosity, and build cognitive bridges between learned information and retention.

Trauma Focused-Cognitive Behavioral Therapy: Trust/Safety/Engagement in the DJJ Population

Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma-Focused Cognitive Behavior Therapy

DJJ population is shown to have excessive exposure to early childhood traumas. With PTSD and complex trauma often comes changes in affect along with distorted world views which impact a client's ability to engage, trust, and feel safe. Implications are discussed as they relate to milieu management and treatment efficacy.

Motivational Interviewing for Court Mandated People

Bryan Knowles, LMSW, Implementation Specialist, Center for Mental Health Research and Innovation, University of Kansas

This presentation explores how Motivational Interviewing (MI) can be applied

when working with people who are mandated to treatment. It highlights aspects of MI that are especially useful with this population, considerations for practice, and a research-informed discussion.

Implementing Evidence Based Practices: What are the Characteristics of an Effective Program and What Gets in the Way

Edward Latessa, PhD, Professor and Director, University of Cincinnati

We know a great deal about “what works” in reducing recidivism, yet the challenge today is how to translate the research into practice. The workshop will focus on the characteristics of effective programs and identify some of the challenges that we encounter when attempting to implement evidence-based practices and programs. Strategies for dealing with some of the barriers will also be discussed.

Screening and Assessment to Support Justice-Involved Individuals with Serious Mental Illness

Roberta Chambers, PsyD, Director, Behavioral Health Practice, Resource Development Associates

Ardavan Davaran, PhD, Senior Program Associate, Resource Development Associates

Justice-involved individuals with serious mental illness are diverse in mental health and substance use need, criminogenic risk and needs and socio-demographically. Our presentation highlights how standardized screening and assessment tools can be used to improve outcomes for this population by matching results to appropriate accountability and treatment measures.

IMR: Illness Management and Recovery

Kellie Spencer, Consultant and Trainer, University of Kansas

IMR is an evidence-based psychiatric rehabilitation practice to support people in setting and working towards meaningful goals, exploring information and practicing skills to develop mastery over their wellness, and making progress towards their own personal vision of recovery. This session will introduce the values, components and interventions of the model, to support justice-involved individuals in nourishing hope, exploring wellness strategies, and making movement towards the lives they want for themselves.

An Overview to Implementing the Evidenced Based Matrix Model® for Criminal Justice Settings

Ahndrea Weiner MS, LMFT, LPCC, Director of Training, CLARE | MATRIX

The Matrix Model® for Criminal Justice Settings is an evidence-based practice that was specifically adapted to meet the unique needs of law-involved clients. The model was designed to give offenders with substance use disorders the knowledge and structure needed to initiate a program of recovery and pro-social life.

12:00 PM – 1:00 PM **LUNCH** (Included with registration)

1:00 PM – 2:15 PM **SESSION FIVE**

Aggression Replacement Training®: The Prepared Curriculum Post-Secondary Readiness

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

This workshop will review with attendees a web-based curriculum for adolescents and adults to prepare them for post-secondary success and can also be used with adults in correctional environments.

Trauma Focused-Cognitive Behavioral Therapy: Trauma Narrative Construction in the DJJ Population

Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma-Focused Cognitive Behavior Therapy

TF-CBT has been shown to be an effective treatment for both PTSD and complex trauma in over 30 randomized controlled trials in over 30 different countries. However, a critical component, the trauma narrative, needs to be adapted for complex trauma. The presenter will discuss how to implement adaptations effectively.

Sequential Intercept Mapping in the Criminal Justice System

Ian Evans, Clinical Manager, Yolo County Health and Human Services Agency
Jonathan Raven, Assistant District Attorney, Yolo County District Attorney
Sara Gavin, Chief Behavioral Health Officer, CommuniCare Health Centers, Inc.

Counties across the nation have committed to reducing the high prevalence of individuals with mental illness in their criminal justice systems in accordance with the Stepping Up initiative. Learn how Yolo County conducted a comprehensive analysis using sequential intercept modeling to identify areas for diversion, improved intervention, and successful reentry.

A Relationship-Based Approach to Treating Trauma in Young Children via Evidence-Based Treatments (MAP and TF-CBT)

Alejandra Trujillo, MS, LMFT, Mental Health Clinician II, San Fernando Valley Community Mental Health Center, Inc. (SFVCMHC)
Kelsey Sillerud, MS, LCSW, Mental Health Clinician II, San Fernando Valley Community Mental Health Center, Inc. (SFVCMHC)

MAP's PWEBS selects the best fitting evidence-based treatments for trauma/loss responses in young children. However, MAP training/literature are not specific enough to help clinicians implement the protocol with children under two. This session will provide participants with specific interventions to reach each practice elements' goals while maintaining fidelity to the model.

Beyond Stigma: Promoting Hope in the Context of Court-Ordered Treatment

Carol Stanchfield, MS, LMFT, Regional Director, Nevada & Placer County, Turning Point Community Programs

The Honorable Thomas M. Anderson, Judge, Superior Court of California, Nevada County, Nevada County Superior Court

Michael Heggarty, MFT, Director of Health & Human Services Agency, Nevada County Health & Human Services Agency

Assisted Outpatient Treatment (AOT), a.k.a., Outpatient Commitment, has been shown to be an effective tool in reducing recidivism, acute hospitalizations, emergency contacts, homelessness and costs associated with untreated severe mental illness. This presentation provides a brief overview of outpatient commitment in California, an emphasis on cross system collaboration and use of EBPS necessary to support a process that promotes hope, improves recovery outcomes and saves lives.

Success with Job Placement for ConRep Clients using IPS

Theresa Razzano, CRC, LMFT, Division Director - Vocational Services, Alameda County Behavioral Health

Jennifer Mullane, LPCC, Assistant Director Older Adult and Adult System of Care, Alameda County Behavioral Health

A frequently overlooked mental health intervention is to get a person a job! There is a wealth of evidence that supports the practice of Individual Placement and Support/Supported Employment to engage and assist individuals with mental illness to acquire and maintain employment. Employment helps to create stability, manage mental and physical health symptoms, develop relationships, and improve financial well-being, not to mention improve overall quality of life. This presentation will discuss how IPS is used with the conditional release population, what IPS is, how it can be implemented, and how it supports positive organizational change.

Recovery Services: Improving Transitions in Care and Self-Sustained Recovery

Jan Tice, Training Consultant

The California's Drug Medi-Cal Organized Delivery System (DMC-ODS) establishes a chronic-disease model of care relying on a continuum of services to address the variable intensity of patient needs. This workshop offers insights and solutions to the problems of patient engagement and level of care transitioning; both essential to successful care management.

2:15 PM – 2:30 PM

BREAK

2:30 PM – 3:45 PM

SESSION SIX

Aggression Replacement Training®: Program Evaluation/Utilization of Metrics for Aggression Replacement Training

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

This workshop will describe the benefits of program evaluation. It will outline the standards for types of evaluation for evidence-based programming. It will also describe the specific metrics utilized for Aggression Replacement Training®.

Trauma Focused-Cognitive Behavioral Therapy: After the Trauma Narrative- How to Move Forward with the DJJ Client

Vickie Beck, APRN-BC, Clinical Consultant, National Trainer for Trauma-Focused Cognitive Behavior Therapy

DJJ children who are born into traumatic contexts or who have experienced multiple traumatic events from an early age often present with more and varied difficulties than classic PTSD. Traditional treatment for PTSD often does not address development of these deficits. The presenter will discuss common deficits and their solutions after treatment of traumatic events.

Combining Arrest Records, Controlled Substance Dispensations, Overdose Death Data, and Machine Learning to Better Assess Patient Risk and Improve Outcomes

Jim Huizenga, MD, Chief Clinical Officer, Appriss Health
David Speights, PhD, Chief Data Scientist, Appriss Health
Ray Atencio, Director, Appriss Safety

Incorporating incarceration history into an overdose risk score model/analytic available in a prescription drug monitoring program can help healthcare providers identify patients at the greatest risk of overdose death and better tailor patient treatment options to mitigate that risk.

Evidence Based Practices in Reentry

Julia Vest, LCSW, Director of Placement Administrative Services and Title IV-E Waiver, Los Angeles County Probation Department

Kelly Glossup, LCSW, Youth and Family Services Manager, Alameda County Sheriff's Office

This course will identify evidence-based practices that are effective with adult and juvenile reentry programs and will demonstrate the impact of data driven, family focused decision making on detention and placement stays. Examples from the Los Angeles County Probation Department and the Alameda County Sheriff's Office will be presented.

Fostering a Culture of Data: Using Implementation Science to Support Organization-wide Efforts in the Utilization and Understanding of Report Data

Mollie Sternberg, Senior Research Analyst, Hathaway-Sycamores Child and Family Services

Amanda Gentz, Research Analyst, Hathaway-Sycamores Child and Family Services

Edgar Estrada, Research Assistant I, Hathaway-Sycamores Child and Family

Services

Research on implementation science has shown there are many barriers to fostering a culture of data within an organization. Hathaway-Sycamores, a community mental health agency, will use its experiences to guide attendees to identify and incorporate three fundamental processes for sustaining a culture of data in their existing workflows.

Health and Successful Reentry of Post-Incarcerated Women in Southern California

Stephen Inrig, PhD, MSCS, Director, Interdisciplinary Healthcare Research, Mount Saint Mary's University

Lisa James, Executive Director, Women in Transition Re-entry Project Inc.,

This workshop will report the preliminary results of designing an evidence-based reentry program for formerly-incarcerated women that integrates life-skills training with mental and physical health management. Integrating the management of women's long-term health needs in evidence-based reentry interventions may provide longer-term successful reentry and improve the quality of life of formerly incarcerated women.

3:45 PM – 4:00 PM

CONCLUSION AND WRAP-UP