Thursday, April 5, 2018

7:15 AM – 5:00 PM    REGISTRATION
7:15 AM – 8:30 AM    CONTINENTAL BREAKFAST
8:00 AM – 8:30 AM    OPENING REMARKS

Percy Howard III, LCSW, Interim Chief Executive Officer, California Institute for Behavioral Health Solutions (CIBHS)

8:30 AM – 10:00 AM   KEYNOTE SPEAKER – RACIAL TRAUMA

Cheryl Grills,

10:00 AM – 10:15AM    BREAK
10:15AM – 11:30AM    SESSION ONE

CALIFORNIA EVIDENCE-BASED CLEARINGHOUSE

Jared Martin, Implementation & Training Specialist, California Evidence-Based Clearinghouse (Rady Children's Hospital: Chadwick Center for Children & Families)

This seminar will walk participants through the process of how to effectively select an EBP, including assessing their organizational needs and determining whether change and/or a new program is needed.

AGGRESSION REPLACEMENT TRAINING® THE PREPARED ADULT

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

This workshop will review the components of the Prepared Adult. Implementation concerns will be addressed for utilization of an adult population. Videos will be reviewed showing actual sessions of each component.

TRAUMA FOCUSED-COGNITIVE BEHAVIORAL THERAPY (TF-CBT)

Donna Potter, LCSW,

STRENGTHS MODEL FOR YOUTH

Rick Goscha, PhD, MSW, Associate Director, California Institute for Behavioral Health Solutions (CIBHS)

Matthew Blankers, LMSW, Associate, California Institute for Behavioral Health Solutions (CIBHS)

Amy Mendenhall,

SEEKING SAFETY
Martha Schmitz

RACIAL TRAUMA / QUESTIONS & ANSWERS SESSION

Dr. Cheryl Grills
Thursday, April 5, 2018  continued

10:15AM – 11:30AM  SESSION ONE continued

MENTAL HEALTH PROVIDER ATTITUDES TOWARD EBPs

Patricia Gonzalez, PhD, Research Psychologist, Ventura County Behavioral Health
Alexis Villegas, BA, Research Assistant, Ventura County Behavioral Health
Angela Riddle, LCSW, Clinic Administrator, Ventura County Behavioral Health

This presentation will identify organizational and mental health provider characteristics that facilitate or hinder the implementation of Evidence-Based Practices (EBPs). A greater understanding of these factors allows for increased acceptance of EBPs and will be conducive to a healthy work environment, particularly within public mental health sectors.

MORAL RECOGNITION THERAPY TRAUMA MODEL

Natasha Stoner

MODERATOR: Khani Gustafson, MSW, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

11:30AM – 11:45AM  Break

11:45AM – 12:45PM  LUNCH (included with registration)

12:45PM – 1:00PM  Break

1:00PM – 2:15PM  SESSION TWO

THE EVALUATION OF PARENT-CHILD INTERACTION THERAPY (PCIT) AT A NON-PROFIT AGENCY SERVING AT-RISK FAMILIES IN LOS ANGELES COUNTY

Diana Macias, Research Associate, Research and Evaluation Center, Children’s Institute Inc.

This workshop will describe the utilization of PCIT to lower emotional and behavioral symptoms in children who have experienced trauma or maltreatment. PCIT has also proved to be beneficial for enhancing parenting and decreasing negative behavioral and emotional issues that are present in at-risk families.

AGGRESSION REPLACEMENT TRAINING® THE PREPARED ADULT WITH FAMILIES UTILIZING FUNCTIONAL FAMILY THERAPY

Mark Amendola, LCSW, BCD, Master Trainer, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Master Trainer, Educational & Treatment Alternatives, Inc.

This workshop will describe the benefits of the combined use of Functional Family Therapy and Aggression Replacement Training®.
Thursday, April 5, 2018  continued

1:00PM – 2:15PM  SESSION TWO continued

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY
Donna Potter

STRENGTHENING FAMILIES
*Angela Da Re*

SEEKING SAFETY
*Martha Schmitz*

INNOVATION AND IMPROVEMENT THROUGH DATA - eBHS
*Rikke Addis, MA, Associate, CIBHS*
*Pam Hawkins, Senior Associate, CIBHS*

TRAUMA AND INCARCERATED WOMEN
Teresa Hughes

GENDER HEALTH CENTER
David Nylund
Alex Filippelli

2:15 PM – 2:30 PM  BREAK

2:30 PM – 3:45 PM  PLENARY: A KNOCK ON THE DOOR-A FOSTER’S YOUTH STORY OF OVERCOMING TRAUMA

*Lorne Wood, Peer Training Specialist, Stars Behavioral Health Group*
*Joseph Solomita, LCSW, Managing Director Stars Training Academy, Stars Behavioral Health Group*
*Coral Huntsman, Clinical Training Specialist, Stars Behavioral Health Group*

Former LA County foster-child Lorne Wood will describe how strengths-based practices such as Wraparound and the Transition to Independence Process (TIP) Model™ helped him to overcome multiple childhood traumas. Lorne will also discuss the specific interventions that proved most welcoming, effective and transformative for him as a traumatized child.

3:45 PM – 4:00 PM  BREAK
SESSION THREE

FUNCTIONAL FAMILY THERAPY CONTINGENCY MANAGEMENT
Kellie Armey, MSW, LISW-S, FFT Trainer, Functional Family Therapy

AGGRESSION REPLACEMENT TRAINING® MOVE TO LEARN, LEARN TO MOVE
Sarah J. Oliver, MEd, Consultant, Educational & Treatment Alternatives, Inc.
Current research indicates that when movement is added to the learning of cognitive skills, it enhances procedural or "muscle" memory.

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY
Donna Potter

TRAUMA-INFORMED MOTIVATIONAL INTERVIEWING AND THE MANDATED CLIENT
Kristin Dempsey, MS, MFT, Senior Associate, CIBHS

STRENGTHS MODEL TRAINING
Rick Goscha, PhD, MSW, Associate Director, California Institute for Behavioral Health Solutions (CIBHS)
Matthew Blankers, LMSW, Associate, California Institute for Behavioral Health Solutions (CIBHS)

SUPPORTING THE TRANSITION OF L.A. YOUTH OUT OF FOSTER CARE: IMPLEMENTATION AND EVALUATION STRATEGIES OF AN INDIVIDUALIZED TRANSITION SKILLS PROGRAM
Vera Stiefler Johnson, Research Associate, Children's Institute, Inc.
The Individualized Transition Skills Program (ITSP) supports L.A. youth in their transition out of the foster care system. We will provide an in-depth profile of the program’s effective components and practices; share youth outcomes after six months and one year of program participation; and discuss methods for utilizing evaluation data to continuously adapt program structure and content.

TOGETHER FACING THE CHALLENGE
Maureen Murray, LCSW, Assistant Professor, Duke University School of Medicine
LGBTQ Trauma
Caitlin Ryan

CLOSING

NETWORKING RECEPTION
Friday, April 6, 2018

8:00 AM – 4:00 PM  REGISTRATION

8:00 AM – 9:00 AM  CONTINENTAL BREAKFAST

8:30AM – 4:30PM  FFT SITE SUPERVISORS TRAINING
Kelly Armey

8:45AM – 10:15AM  KEYNOTE: TRAUMA INFORMED CARE
Raul Almazar, RN, MA, Senior Public Health Advisor, NASMHPD’s Center for Innovations in Trauma Informed Approaches; Technical Assistance Lead, SAMHSA’s National Center for Trauma Informed Care

10:15 AM – 10:30 AM  BREAK

10:30AM – 11:45AM  SESSION FOUR
AGGRESSION REPLACEMENT TRAINING® THE PREPARED CURRICULUM POST-SECONDARY READINESS
Mark Amendola, LCSW, BCD, Master Trainer, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Master Trainer, Educational & Treatment Alternatives, Inc.
This workshop will review with attendees a web based curriculum for adolescents to prepare them for post-secondary success.

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY
Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

CONNECTING TRAUMA CARE TO UNDERSTANDING THE ACES
Raul Almazar, RN, MA, Senior Public Health Advisor, NASMHPD’s Center for Innovations in Trauma Informed Approaches; Technical Assistance Lead, SAMHSA’s National Center for Trauma Informed Care

ALTERNATIVES FOR FAMILIES – COGNITIVE BEHAVIORAL THERAPY (AF-CBT) OVERVIEW
Barbara Baumann, PhD, Research Instructor in Psychiatry, University of Pittsburgh School of Medicine

FACTORS AFFECTING IMPLEMENTATION: UPDATES TO STAFF-LEVEL IMPACTS OF BEST PRACTICE
Amanda Gentz, Research Assistant II, Hathaway-Sycamores Child and Family Services
Rebecca Stephens, MA, Research Analyst, Hathaway-Sycamores Child and Family Services
Jennifer Regan, PhD, Assistant Director of Clinical Training and Evidence-Based Practice, Hathaway-Sycamores Child and Family Services
Given the implementation barriers present, one strategy Hathaway-Sycamores used to insure sustainability of EBPs was to examine staff-level outcomes relevant to trainings focused on staff exposed to secondary trauma. The research focused on provider knowledge retention following training, provider ability to increase compassion satisfaction and reduce burnout, and consumer outcomes.

IMPLEMENTATION/SUSTAINABILITY

Percy Howard III, LCSW, Interim Chief Executive Officer,
California Institute for Behavioral Health Solutions (CIBHS)

TRAUMA RECOVERY
Carol Ackley

11:45AM – 12:00PM  Break
12:00 PM – 1:00 PM  LUNCH (Included with registration)
1:00PM – 1:15PM  Break
1:15PM – 2:30PM  SESSION FIVE

AGGRESSION REPLACEMENT TRAINING® PROGRAM EVALUATION/UTILIZATITION OF METRICS FOR ART®

Mark Amendola, LCSW, BCD, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

MODIFICATION OF AF-CBT FOR CAREGIVERS WITH SUBSTANCE USE DISORDERS
Barbara Baumann

THERAPEUTIC FOSTER CARE/PRESSLEY RIDGE MODEL
Amy Strickler

MOTIVATIONAL INTERVIEWING AND TRAUMA: USING THE SKILLS OF MI TO ENGAGE IN TRAUMA-INFORMED CARE
Kristin Dempsey

CANS
April Fernando
Nate Israel

TRAUMA RECOVERY
Carol Ackley

2:30PM – 2:45PM  Break
SESSION SIX
AGGRESSION REPLACEMENT TRAINING® MOVING TOWARD RESILIENCY

Sarah J. Oliver, MEd, Consultant, Educational & Treatment Alternatives, Inc.

Current research indicates the average adolescent needs to physically move about every 17 minutes to better retain information. By providing purposeful movement activities before, during or after the therapeutic process, clinicians will help adolescents reduce anxiety, trigger curiosity, and build cognitive bridges between learned information and retention.

SESSION SIX continued
AGGRESSION REPLACEMENT TRAINING® MOVING TOWARD RESILIENCY

Sarah J. Oliver, MEd, Consultant, Educational & Treatment Alternatives, Inc.

Current research indicates the average adolescent needs to physically move about every 17 minutes to better retain information. By providing purposeful movement activities before, during or after the therapeutic process, clinicians will help adolescents reduce anxiety, trigger curiosity, and build cognitive bridges between learned information and retention.

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

PEER RESPITES LEADING CHANGE FOR MENTAL HEALTH

Laysha Ostrow, PhD, CEO, Live & Learn, Inc.

Peer respites are voluntary, short-term, overnight programs that provide community-based, non-clinical crisis support to help people find new understanding and ways to move forward. This presentation by Live & Learn, Inc. will highlight developments in the peer respite evidence and program model, with particular attention to California innovations and opportunities.

TRAUMA-INFORMED SYSTEMS

Ken Epstein
Briana Loomis

TREATMENT FOSTER CARE OREGON

John Aarons,
CANS
April Fernando
Nate Israel,

FEEDBACK INFORMED TREATMENT: AN APPROACH FOR EVALUATING AND IMPROVING THE QUALITY AND EFFECTIVENESS OF BEHAVIORAL HEALTH SERVICES

Pam Hawkins, Senior Associate, CIBHS
Rikke Addis, MA, Associate, CIBHS
Gayaneh Karapetian, MA, LMFT, Associate, CIBHS
4:00 PM – 4:15 PM  CONCLUSION AND WRAP-UP

Workshops dates/times subject to change, please check website https://cibhs.networkofcare4elearning.org/EventDetail.aspx?pld=735&OrgId=223 for the final agenda when available.