THE FIFTH ANNUAL
CIBHS EVIDENCE-BASED PRACTICES SYMPOSIUM

“INTEGRATION AND EVIDENCE IN THE CHANGING SERVICE SYSTEM”

APRIL 23–24, 2015
SHERATON PARK HOTEL AT ANAHEIM
1855 SOUTH HARBOR BOULEVARD, ANAHEIM, CA 92802
THURSDAY, APRIL 23, 2015

7:15AM – 5:00 PM  REGISTRATION  
Plaza Foyer

7:15 AM – 8:30 PM  CONTINENTAL BREAKFAST  
Plaza Foyer

8:30 AM – 9:00 AM  WELCOME AND INTRODUCTIONS  
Park D / Plaza D
Sandra Goodwin, PhD. MSW, President & CEO, California Institute for Behavioral Health Solutions (CIBHS)

9:00 AM – 10:15 AM  KEYNOTE: AFFORDABLE CARE ACT: INTEGRATION OF BEHAVIORAL HEALTH AND MEDICAL CARE  
Park D / Plaza D
Elinore F. McCance-Katz, MD, PhD, Chief Medical Officer, SAMHSA
This presentation will describe the current national initiatives of the Substance Abuse and Mental Health Services Administration (SAMHSA) related to the Affordable Care Act, integration of behavioral health and medical care, the behavioral health workforce, ICD-10 transition, and prescription drug abuse and overdose prevention.

10:15 AM – 10:30 AM  BREAK

10:30 AM – 12:00 PM  SESSION ONE

Plaza B  ADVANCED FUNCTIONAL FAMILY THERAPY: FFT SITE SUPERVISOR TRAINING (SESSION ONE)
Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc
The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse and there will also be practice of staffing cases and comparison of ratings.

Palm E  AGGRESSION REPLACEMENT TRAINING: ENHANCING GROUP PROCESS WITH MOVEMENT
Mark Amendola, LCSW, BCD., Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD., Educational & Treatment Alternatives, Inc.
Current research indicates that when movement is added to the learning of cognitive skills, it enhances procedural, or “muscle” memory.

Plaza A  ADVANCED TF-CBT TRACK: CULTURALLY MODIFIED TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY FOR LATINO CHILDREN AND FAMILIES
Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego
This workshop will focus on cultural enhancements to TF-CBT that can be used to increase its relevance for Latino children and their families. Core cultural values will be explored, and strategies for incorporating these values into the assessment and treatment process will be explained. Examples of cultural enhancements for each of the practice components will be provided.
10:30 AM – 12:00 PM  SESSION ONE, CONTINUED

**Plaza C**

**FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION ONE)**

*Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC*

This is a two part conference. The goal of the first workshop is to firmly establish FFT therapist practice with understanding and application of the Relational Assessment. Part 1 will also assist the FFT therapist to better assess if they have completed the Motivation Phase of the Model, and increase effective therapist strategies as they transition to the Behavior Change Phase. Participants will be able to identify key indicators of phase goal success as they plan for behavior change or skill development for families.

**Garden A**

**WHY 0-5?**

*Monica Adrian, Behavior Support Specialist, Merced County Office of Education: Caring Kids Program*

Why promote healthy social-emotional development? Because the first five years matter! Children born into poverty and/or “stressed” families are at higher risk for developing mental health issues. Current research findings indicate the importance of parent-child relationships and their effects on brain development, attachment, and the regulation of emotions and behavior.

**Garden B**

**MOTIVATIONAL INTERVIEWING**

*Joy Chudzynski*

**Palm W**

**INTERPERSONAL PSYCHOTHERAPY (IPT): AN OVERVIEW OF IPT AND IPT TRAINING**

*Scott Stuart, MD, Professor of Psychiatry and Psychology, University of Iowa, Director, IPT Institute*

Dr. Stuart will review the IPT model and provide an overview of the Community-Based training provided through the IPT Institute. In addition, data and experience from the training already conducted within Los Angeles County will be reviewed. The presentation is relevant to the education of the intended audience to increase their awareness of IPT as an empirically-based treatment, and to increase their understanding of community-based dissemination and training in IPT. It is directly relevant to their contribution to consumer care because IPT has specific application to the populations being served by community and government mental health agencies in California and the US generally.
10:30 AM – 12:00 PM  **SESSION ONE, CONTINUED**

**Park D / Plaza D**

**HELPING CLIENTS STAY HOUSED THROUGH CRITICAL TIME INTERVENTION**

*Jenn Ma-Pham, MSW, Director of Housing and Clinical Health Services, Downtown Women’s Center*

*Martha Delgado, CTI Program Manager, Downtown Women’s Center*

This workshop will provide an overview of Critical Time Intervention (CTI) which is an empirically supported, time-limited case management model designed to prevent homelessness and other adverse outcomes in people following discharge from hospitals, shelters, and other institutions. The Downtown Women’s Center (DWC) has implemented CTI since January 2011 with a unique model whereby DWC is both the service provider and property management company. This workshop will discuss ways in which DWC has managed to integrate multiple services including property management successfully into care coordination. The last part of the workshop will discuss DWC’s CTI pilot study by reviewing the outcomes, effectiveness, and future recommendations for those interested in incorporating the model.

12:00 PM – 1:00 PM  **LUNCH** (included with registration)  
**Tiffany Room**

1:00 PM – 2:15 PM  **SESSION TWO**

**Plaza B**

**ADVANCED FUNCTIONAL FAMILY THERAPY: SITE SUPERVISOR TRAINING (SESSION TWO)**

*Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc*

The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse and there will also be practice of staffing cases and comparison of ratings.

**Palm E**

**AGGRESSION REPLACEMENT TRAINING: EMPATHY TRAINING**

*Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.*

*Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.*

Current research indicates that it is critical to teach empathy to youth while you are teaching competency development skills (i.e. social skills, anger management skills). This session will review modifications to the Empathy Training curriculum.
Plaza A

ADVANCED TF-CBT TRACK: TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY FOR CHILDREN AND YOUTH IN THE CHILD WELFARE SYSTEM

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This session will highlight challenges related to implementing TF-CBT with children and youth in the child welfare system, including complex trauma, court involvement, changes in placement, and engaging substitute care providers. Strategies for overcoming these challenges will be provided and discussed. Case examples will be used to illustrate successful TF-CBT implementation with this population.

Plaza C

FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION TWO)

Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC

This is a two part conference. Participants are recommended to attend the FFT: Relational Assessment workshop prior to this workshop. The goal of this workshop is to assist therapist ability to articulate a family focused Behavior Change plan which address both family risk factors and the referred behavior of the youth. This workshop will identify the importance of the Relational Assessment to solid Behavior Change execution. FFT therapists should come prepared to discuss cases they are working with in small group settings.

Garden A

SUCCESSFUL IMPLEMENTATION & SUSTAINABILITY OF PARENT AND CHILD INTERACTION THERAPY (PCIT)

Gayaneh Karapetian, MA., LMFT, Associate, CIBHS

This workshop features a brief overview of some of the necessary elements of building an organizational infrastructure that supports implementing and sustaining a successful Parent Child Interaction Therapy (PCIT) program in an agency that provides care to young children. It highlights the importance of ongoing training, consultation, stakeholder involvement, and outcomes-based decision making.

Garden B

BEHIND HAPPY FACES: A NEW APPROACH TO MENTAL HEALTH

Ross Szabo, CEO, Human Power Project

Behind Happy Faces, is a widely scalable mental health curriculum, which gives students the tools they need to address their mental health. The curriculum reduces stigma, teaches classifications of mental health challenges, offers steps to create effective coping mechanisms and how to help a friend in crisis.
### SESSION TWO, CONTINUED

#### 1:00 PM – 2:15 PM

**Plaza W**  
**DIALECTICAL BEHAVIORAL THERAPY: ADULTS & ADOLESCENTS**  
*Robin McCann*

#### Park D / Plaza D  
**SUBSTANCE USE DISORDERS**  
*Cari Stanchfield M.S., LMFT, Deputy Director Adult Mental Health Services, Nevada & Placer Counties, Turning Point Community Programs*

Assisted Outpatient Treatment (AOT) offers an opportunity for individuals who meet specific criteria to receive mental health treatment through an alternative, court monitored process. AOT utilizes the Assertive Community Treatment (ACT) model, an EBP, infusing recovery oriented integrated care, to engage participants who otherwise remain untreated.

#### 2:15 PM – 2:30 PM  
**BREAK**

#### 2:30 PM – 4:00 PM

**IMPLEMENTING SUSTAINABLE EVIDENCE-BASED PRACTICES FROM AGENCY PERSPECTIVE**  
*Park D / Plaza D*

**Moderator:**  
*Lori Ford, MFT, PhD., Associate II, CIBHS*

**Stanford Youth Solutions:**  
*Deborah Bennett, Yuri Kimura*

**Hathaway-Sycamores:**  
*Alyssa Ward, Andrea Letamendi, Casey Meinster*

#### 4:00 PM – 5:15 PM

**Plaza B**  
**ADVANCED FUNCTIONAL FAMILY THERAPY SITE SUPERVISOR TRAINING (SESSION THREE)**  
*Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc*

The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse and there will also be practice of staffing cases and comparison of ratings.
Palm E
AGGRESSION REPLACEMENT TRAINING: THE IMPACT OF POVERTY ON EDUCATION AND TREATMENT
Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.
This session will review the powerful impact of poverty on the education and treatment of children. The participants will gain an understanding of how poverty creates cognitive, emotional and behavioral deficits that can be addressed in school and in treatment through a multi-module approach including Aggression Replacement Training.

Plaza A
ADVANCED TF-CBT: TRACK: CHILDHOOD TRAUMATIC GRIEF TREATMENT
Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego
This workshop will provide an overview of how to use TF-CBT with cases of childhood traumatic grief (involving the sudden and/or violent loss of a loved one). Adaptations to the PRACTICE components for traumatic grief cases will be illustrated. The four grief components (Grief Psychoeducation, Grieving and Ambivalent Feelings, Preserving Positive Memories, and Redefining the Relationship) will be explained, with case examples.

Plaza C
FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION THREE)
Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC
The goal of this workshop is to assist FFT therapists with a better awareness of the Generalization Phase. Targeted will be the importance of therapist planning and execution to support families successful sustainability of change.

Garden A
SCREENING, BRIEF INTERVENTION, REFERRAL AND TREATMENT (SBIRT)
Joy Chudzynski

HANDOUTS AND RESOURCE MATERIAL WILL ALSO BE AVAILABLE AT:
HTTP://WWW.CIBHS.ORG/EVENTS-O
ASSESSMENT AND TREATMENT OF DEPRESSIONS AND SUICIDE IN ADOLESCENTS AND A MODEL FOR INTEGRATION INTO PRIMARY CARE

Margaret Rea, PhD, Psychologist, UC Davis Medical Center

Depression Treatment Quality Improvement Intervention (DTQI) an evidence-based depression treatment (NREPP) for use in both behavioral health and primary care includes:
1) depression evaluation, monitoring, and support for treatment choice;
2) manualized cognitive-behavior therapy for depression in teens and young adults;
3) care management strategies for supporting medication treatment;
4) strategies for addressing comorbidities.

Previously trained DTQI clinicians are encouraged to attend to receive feedback and pose questions. Participants will be introduced to the Family Intervention for Suicide Prevention (FISP); another NREP evidenced based practice by the same developers.

COGNITIVE BEHAVIORAL THERAPY FOR PSYCHOSIS (CBTP)

Kristin L. Dempsey, LMFT, LPCC, Senior Associate, CIBHS

Cognitive Behavior Therapy for Psychosis (CBTp) has developed and is continuing to produce promising results as an effective evidence-based intervention for psychosis. Used, with or without drugs, CBTp is showing effectiveness among those dealing with both positive and negative symptoms of psychosis, and is providing positive outcomes in the United States for intervention in treating early psychosis. This workshop will address the basic tenets of CBTp including methods to engage an individual with psychosis, development of a CBTp formulation and effective CBTp interventions. Opportunities for training in California and effective implementation strategies will also be reviewed.

THE BENEFITS OF INTEGRATED MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR PERINATAL TREATMENT

Linda Gertson, PhD, Clinical Supervisor, Ventura County Behavioral Health
Jessica Davis, PsyD, Clinic Administrator, Ventura County Behavioral Health

This presentation will discuss the benefits of integrating mental health services in an alcohol and drug perinatal treatment program. The presenters will describe the interaction of Adverse Childhood Experiences, trauma and substance use disorders. The development and implementation of a pilot study to measure effectiveness of integrated services will be presented.

CLOSING
FRIDAY, APRIL 24, 2015

7:30 AM – 8:30 PM  CONTINENTAL BREAKFAST

8:30 AM – 10:15 AM  KEYNOTE - REFRAMING WORKPLACE MENTAL HEALTH: WHAT EVERY LEADER MUST KNOW  
Park D / Plaza D
Donna Hardaker, Director, Mental Health America of California - Wellness Works

In the mental health sector, we need to open up dialogue to consider that taking care of employee mental health is integral to delivering good care. This presentation builds awareness that employers who successfully manage mental health issues can alleviate performance problems, avoid litigation, create a more inclusive work environment, and enhance organizational effectiveness.

10:15 AM – 10:30 AM  BREAK

10:30 AM – 12:00 PM  SESSION FOUR

Plaza B  ADVANCED FUNCTIONAL FAMILY THERAPY SITE SUPERVISOR TRAINING (SESSION FOUR)
Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc

The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse and there will also be practice of staffing cases and comparison of ratings.

Palm E  AGGRESSION REPLACEMENT TRAINING: CHARACTER EDUCATION AND MORAL REASONING
Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.

This session will review newer research on character education as a prelude or companion to the moral reasoning component of Aggression Replacement Training. Participants will be presented character education lessons.
Plaza A  ADVANCED TF-CBT TRACK: RECOGNIZING AND ADDRESSING SECONDARY TRAUMATIC STRESS

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This workshop will focus on the impact of doing trauma-focused therapy on treatment providers, including risk factors for secondary traumatic stress, vicarious trauma, and compassion fatigue. Signs and symptoms of secondary trauma exposure reactions will be described, as well as instruments for assessing the impact of trauma exposure on therapists, supervisors, and agencies. Personal, professional, supervisory, and organizational strategies for addressing secondary trauma exposure reactions will be highlighted. The role of the supervisor in helping to mitigate the impact of secondary traumatic stress will be emphasized, and techniques for helping therapists and supervisors will be demonstrated.

Plaza C  FUNCTIONAL FAMILY THERAPY PRACTITIONERS (SESSION FOUR)

Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC

The goal of this workshop is to assist FFT therapists with a better awareness of working with youth who act out sexually while maintaining Model Focus. This workshop will isolate specific risk factors and the importance of therapist to maintain relational focus. Included will be the need for safety planning and examples of behavior change strategies.

Garden A  TFC-OREGON (FORMERLY MTFC) AND KEEP

Patricia Chamberlain, PhD, Science Director and Senior Research Scientist, Oregon Social Learning Center

Joseph Price, PhD, Professor, Department of Psychology, San Diego State University

The Treatment Foster Care Oregon (TFCO, formerly MTFC) and KEEP (Keeping Foster Parents Supported and Trained) will be described, including what it takes to implement. TFCO is an alternative to group and residential care for children and youth with behavioral and emotional problems. KEEP is a foster parent support model. The results from studies on KEEP and TFCO will also be presented.

Garden B  ADVANCING COMMUNITY DEFINED PRACTICES

Will Rhett-Mariscal, PhD, Associate Director, Health Equity Team, CIBHS

Kristee L. Haggins, PhD, Senior Associate, CIBHS

This presentation provides a brief overview of community defined-practices and efforts to advance their integration into the service delivery system. The significance of CDPs for cultural relevancy will be highlighted. We will discuss key capacity building areas including practice model articulation, evidence of effectiveness, and readiness for dissemination.
Palm W

STRENGTHENING FAMILIES: EBP PARENTING

Jeanie Ahearn Greene, PhD, MSW, Executive Director, Ahearn Greene Associates
Angela DaRe, Director Community & Collaboration Initiatives, Ahearn Greene Associates

Strengthening Families Program: Overview of a Model Evidence-Based Family Skills Training! Strengthening Families Program (SFP) is an internationally recognized evidence-based parenting and family skills training program with three developmentally specific curricula based on the age of the children: SFP (3-5/6-11/12-16) consisting of 14 consecutive weekly family skill-building sessions. This workshop will present the SFP family skills training in the context of working with at-risk populations in a variety of community settings using case examples of established projects and initiatives to provide a framework for replicating the program fidelity. This presentation will allow for an open forum combined with didactic presentation of SFP best practices and established outcome findings.

Park D / Plaza D

FAMILY-BASED APPROACH TO PREVENT RISK AND BUILD HEALTHY FUTURES FOR LGBT YOUTH

Caitlyn Ryan, PhD, ACSW, Director, Family Acceptance Project – SF State University

The Family Acceptance Project has developed the first evidence-based framework to prevent risk and promote well-being for LGBT children and youth. This session will discuss FAP’s research and approach to help ethnically and religiously diverse families to support their LGBT children, including resources and strategies that are helping prevent risk and build healthy futures for LGBT children and youth.

12:00 PM – 1:00 PM  LUNCH (Included with registration)  Tiffany Room

1:00 PM – 2:15 PM  SESSION FIVE

Plaza B

ADVANCED FUNCTIONAL FAMILY THERAPY SITE SUPERVISOR TRAINING (SESSION FIVE)

Kimberly R. Mason, National Supervisor/Trainer, Functional Family Therapy Inc

The goal of this workshop is to focus on the use of FFT when the primary risk factor of the youth and/or family is substance abuse/use. Presentation will focus on assisting therapist to stay Model focused and decrease therapist risk of individualizing treatment. Motivation of families and therapist planning for the Behavior Change Phase will be addressed.
### Palm E
#### AGGRESSION REPLACEMENT TRAINING FOR ADULTS

**Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.**  
**Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.**

This session will review the adaptations of the Aggression Replacement Training curriculum for adults. Modifications have been made to the curriculum for specific skill selection from Skillstreaming; language modification for Anger Control Training and dilemma discussions in Moral Reasoning for adults.

### Plaza A
#### ADVANCED TF-CBT TRACK: TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY WITH YOUNG CHILDREN

**Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego**

This session will focus on providing TF-CBT with children ages 3-6. Variability in trauma reactions and assessment considerations for this population will be explored. Strategies and resources for implementing the PRACTICE components with young children will be cited.

### Plaza C
#### FFT PRACTITIONERS (SESSION ONE)

**Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC**

The goal of this workshop is to focus on the use of FFT when the primary risk factor of the youth and/or family is substance abuse/use. Presentation will focus on assisting therapist to stay model focused and decrease therapist risk of individualizing treatment. Motivation of families and therapist planning for the Behavior Change Phase will be addressed.

### Palm W
#### TRIPLE P

**Randy Ahn, PhD, MLIS, Implementation Consultant, Triple P America/Social Skills Training Institute**

The purpose of this presentation is to provide an introductory overview of the Triple P – Positive Parenting Program. Attendees will be introduced to the concept of Triple P as a multi-tiered system of evidence-based education and support for parents and caregivers of children and adolescents.

### Garden A
#### CDP JOVEN NOBLE HEALING BASED RITES OF PASSAGE

**Jerry Tello, Director, National Compadres Network**

El Joven Noble (The Noble Young Man) is a Chicano/Latino Rites of Passage Process based on the indigenous, culturally-rooted concept of El Hombre Noble (The Noble Man) and the value of developing and maintaining ones sense of “Palabra” (credible word and life purpose). The specific goal of The El Joven Noble is the CHARACTER DEVELOPMENT of young males while targeting the reduction and prevention of unwanted or unplanned pregnancies, substance abuse, community violence and to increase the ability of young males to act in a responsible and respectful way in reference to their relationships.
PREVENTING ONSET OF PSYCHOTIC DISORDERS

William R. McFarlane, MD, Professor of Psychiatry, Tufts University School of Medicine
Nanacy Ebbert, MD, Acting Director, Contra Costa County First Hope
Jennifer Newfield, First Hope Program in Contra Costa County
Phyllis Mace, First Hope Program in Contra Costa County
Danielle Perez, First Hope Program in Contra Costa County

Preventing the initial episode of psychosis has now been demonstrated across several studies, now including a national trial of early intervention for youth at risk of psychosis. This presentation will review the background and theoretical basis for prevention as well as the major programs in the United States that have achieved preventive outcomes. That will include five very successful programs now operating in California under the PEI initiative.

TRANSITION TO INDEPENDENCE (TIP) MODEL

Joseph Solomita, Star View Community Services
Coral Huntsman, Star View Community Services
Lorne Wood, Star View Community Services

ADVANCED FUNCTIONAL FAMILY THERAPY SITE SUPERVISOR TRAINING (SESSION SIX)

Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc

The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse and there will also be practice of staffing cases and comparison of ratings.

AGGRESSION REPLACEMENT TRAINING - CHANGES FOR ANGER CONTROL

Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.

Current research indicates that it is critical to teach empathy to youth while you are teaching competency development skills (i.e. social skills, anger management skills). This session will review modifications to the Empathy Training curriculum.
<table>
<thead>
<tr>
<th>Session</th>
<th>Location</th>
<th>Title</th>
<th>Speaker(s)</th>
<th>Description</th>
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<tbody>
<tr>
<td>Plaza A</td>
<td>ADVANCED TF-CBT TRACK: TREATING COMPLEX TRAUMA WITH TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY</td>
<td>Alison Hendricks, LCSW, Hendricks Consulting</td>
<td>This session will focus on assessing and addressing complex trauma utilizing TF-CBT. An overview of complex trauma and related reactions will be provided. Techniques for engaging youth who have experienced complex trauma and their caregivers will be identified. Strategies and resources for implementing the PRACTICE components with this population will be identified.</td>
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<td>Plaza C</td>
<td>FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION SIX)</td>
<td>Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC</td>
<td>This workshop is intended for FFT therapists. The goal is to assist therapist to increase their own ability to be adherent and competent with FFT service delivery. To assist FFT therapists to maintain Model focus while preparing for and staffing their cases.</td>
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<td>Park D / Plaza D</td>
<td>THE EVOLUTION OF CIBHS PROGRAM PERFORMANCE AND OUTCOME EVALUATION: EBEHAVIORAL HEALTH SOLUTIONS (EBHS)</td>
<td>Cricket Mitchell, PhD, Senior Associate, CIBHS, Rikke Addis, MA, Associate, CIBHS</td>
<td>CIBHS has been conducting evaluation for more than a decade; and a shift is currently underway to transition this work into a more advanced technological solution. eBHS is a web-based solution that addresses challenges faced in making real-time data-driven decisions at the individual client, program, agency, county and state levels.</td>
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<td>Garden B</td>
<td>COMMUNITY DEFINED PRACTICE (CDP) - AAFEN BICULTURAL PARENT EDUCATION PROGRAM</td>
<td>Dr. Terry S. Gock, PhD, Director, Asian Pacific Family Center, Pacific Clinics</td>
<td>This session will provide a framework to understand “Community Defined Practice (CDP)” as a form of “Evidence-based Practice (EBP),” and help participants select CDPs that are appropriate and effective for culturally diverse populations. AAFEN, a bicultural parent education program for Asian immigrants, will be presented to demonstrate an incremental approach to developing a CDP.</td>
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FRIDAY, APRIL 24, 2015 CONTINUED

2:30 PM – 3:45 PM  SESSION SIX, CONTINUED

Palm W  STRENGTHENING FAMILIES: FIVE PROTECTIVE FACTORS

John Lowther, Training Specialist, Strategies (Children’s Bureau)

Five Protective Factors are a key component in the strengthening families framework that can be used by social services and other disciplines that work directly with children and families. Staff unfamiliar with this research-based framework will learn about the underlying link between the presence of these factors and the reduction in abuse and neglect. Staff will learn how to identify the protective factors shown to impact abuse and neglect, practical ways to incorporate them into their agency’s programming, and how to inspire families and communities to find and act on their strengths.

Garden A  BRIEF PARENT ENHANCEMENT STRATEGIES

Dan Thorne, LMFT, Director, Harbor View Community Services Center

Parents are often the last to be recognized as needing help. This presentation will brief participants on an emerging educational parenting practice. This approach focuses on reducing parental stress through a focus on the parent’s self-care, their awareness of their child’s condition, and their ability to improve their child’s behavior.

3:45 PM – 4:00 PM  CONCLUSION WRAP-UP  Park D / Plaza D
EVIDENCE BASED PRACTICES
SYMPOSIUM PLANNING COMMITTEE

Sharon Robinson, Assistant Director,
Planning/Development,
Merced County Department of Mental Health

Qaiel Peltier, Support Specialist
Humboldt County Department of
Health and Human Services

Rochelle Trochtenberg, Youth Organizer
Humboldt County Department of
Health and Human Services

Pam Hawkins, Senior Associate
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Cricket Mitchell, PhD, Senior Associate
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Percy Howard, LCSW, Associate Director
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Lori Ford, LMFT, Associate II
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Khani Gustafson, MSW, Associate II
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Robin Texeira, Program Support Specialist
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Gayaneh Karapetian, Associate
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Rikke Addis, Associate
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Crystal Lee
Evidence Based Practices Team
California Institute for Behavioral Health Solutions

Lynn Thull
Consultant for Mental Health Policy
and Practice Improvement
California Alliance of Child and Family Services

Carrie L. Masten
Research Scientist
Mental Health Services Oversight and
Accountability Commission

Deborah VanDunk
Deputy Director, County and
Community Relations
United Advocates for Children and Families

Angela Riddle
Clinic Administrator III, Oxnard Youth
and Family Clinic
Ventura County Behavioral Health

Amanda Pyper
Behavioral Health Manager, Oxnard Adult Region
Ventura County Behavioral Health