CULTURAL COMPETENCE AND MENTAL HEALTH
NORTHERN REGION SUMMIT
“CULTURAL COMPETENCY AND WORKFORCE DEVELOPMENT: THE BRIDGE TO HEALTH CARE REFORM”

Doubletree by Hilton Hotel Modesto
1150 Ninth Street, Modesto, California 95354

WEDNESDAY, OCTOBER 2, 2013

6:45 AM – 5:00 PM REGISTRATION
Exhibit hall opens

7:00 AM – 8:30 AM CONTINENTAL BREAKFAST

8:30 AM - 9:15 AM WELCOME

9:15 AM – 10:30 AM KEYNOTE – Dr. Sergio Aguilar Gaxiola, Director, UC Davis, Center for Reducing Health Disparities

10:30 AM – 10:45 AM BREAK

10:45 AM – 11:30 AM TBD

11:30 AM – 12:00 PM Cultural Competence Service in Action Award

12:00 PM - 1:15 PM LUNCH (included with registration)

1:15 PM – 2:45 PM WORKSHOPS SESSION I

WORKSHOP 1
Understanding Latino Prevalence Rates and Service Utilization in California
Dr. Henry E. Villanueva, Quality Assurance Manager, Ventura County Behavioral Health
Emilio Abarca, Program Administrator II, Ventura County Behavioral Health
Examine California prevalence rates of Latinos facing serious mental illness using the California mental health and substance use system needs assessment (2012) conducted by the technical assistance collaborative and the human services institute. These data will inform an analysis if the prevalence and utilization ratios with a focus on California counties.

WORKSHOP 2
La Cultura Cura: Connecting with and Serving Diverse Populations
Heriberto Escamilla, PhD, Director of Research and Learning, National Compadres Network
This is a highly interactive and participatory workshop designed ideally for a limited audience. It is especially suited for practitioners delivering health services to people from diverse socio-cultural backgrounds. Participants will learn evidence-based, measurable and practical skills that will help them competently and effectively connect with clients in a way that promotes healing, a sense of purpose, responsibility, interdependence in healthy and life-supporting relationships.
WORKSHOP 3
Promotore/as Model
Ruben Sanchez, MA, Behavioral Health Clinician, El Concilio – Council for the Spanish Speaking
Sarah Gutierrez, MSW, ASW, Behavioral Health Clinician, El Concilio-Council for the Spanish Speaking

The promotores/as model – what is a promotor/ra? How are they relevant to the mental health field? Promotores/as serve as liaisons between their community, health professionals and social service agencies. As liaisons they often play the roles of an advocate, educator, mentor, outreach worker, role model and translator. Promotores/as have gained significant importance in the way that mental (health) care is delivered in the United States for Latinos in the last two decades.

WORKSHOP 4
Community-Defined Solutions for Latino Mental Health Care Disparities
Dr. Sergio Aguilar Gaxiola, Director, UC Davis, Center for Reducing Health Disparities
Margarita Rocha, Director, Centro La Familia

The goal of this session is to share the findings of the California Reducing Disparities Project Latino Strategic Plan Workgroup (CRDP-Latino SPW) report. Specifically, the session participants will be able to recognize barriers in mental health among Latinos. They will also recognize strategies to improve mental health treatment for Latinos.

WORKSHOP 5
Wellness WORKs! A Holistic Approach to Achieving Wellness and Success in Life and Work
Carolyn Martin, RN, FNP, PhD, Associate Professor, California State University, Stanislaus
Diane Feneck, MS, Coordinator of the Wellness WORKs Program, Wellness WORKs!

The Wellness WORKs! program builds self-esteem and transports individuals from welfare-to-wellness-to-work. Based on a holistic approach the program incorporates health-promoting curriculum and introduces participants to a variety of activities and topics. Participants’ benefits relate to success in the work place. This program positively transforms the lives of those it serves.

WORKSHOP 6
Community Capacity-Building
John Alvarado, MSW, ASW, Mental Health Clinician I, Stanislaus County Behavioral Health & Recovery Services
Luis Molina, BA, Community Behavior Health Consultant, Stanislaus County Behavioral Health & Recovery Services

Support communities to act on their own behalf to promote the well-being of their members. Identify ways to strengthen the community’s capacity to: design well-being plans focused on results, nurture the leadership of all and focus on building relationships. The dialogue will focus on the strength-based and wellness oriented perspective of communities rather than the deficit model.

2:45 PM - 3:00 PM  BREAK
3:00 PM - 4:30 PM  WORKSHOPS SESSION II

WORKSHOP 7
Integration of Care from a Peer Perspective
Michele D. Curran, Chief Consultant, Curran and Associates Educational Consortium

This workshop presentation is an introduction to the background discussions needed for each County offering integrated behavioral health and primary care services. As we coordinate our efforts in offering care to complex service recipients, it is imperative that service providers in each discipline develop a common understanding of the recipients.
WORKSHOP 8
Multi-ethnic Pool of Consumer Champions: An Employment Pool for Health Care
Khatera Aslami, Consumer Relations Manager and MHSOAC Commissioner, Alameda County BHCS/Pool of Consumer Champions
Jay Mahler, Pool of Consumer Champions
Mary Hogden, Pool of Consumer Champions
Lorenzo Quan, Pool of Consumer Champions
Michelle Campbell Mateo, Pool of Consumer Champions
Angel Cortes, Pool of Consumer Champions
Alameda County’s Pool of Consumer Champions has 700 ethnically diverse members, who have ‘lived experience’ in our behavioral health care system. POCC is creating a pipeline for healthcare reform employment. We will explain how POCC increases personal wellness, educates people in self-advocacy and builds their skills for the workforce.

WORKSHOP 9
Traditional Healing Praxis a Cultural Response-ability to an American Holocaust
Samuel Martinez LCSW, Social Justice Worker, Traditional Healing Praxis

WORKSHOP 10
Strengthening Families Innovative Program
Sharon Jones, MHSA Coordinator, Merced County Department of Mental Health

WORKSHOP 11
Treating Asian American Communities with CLAS (Culturally and Linguistically Appropriate Services
Mai Le, Project Coordinator, NICOS Chinese Health Coalition
Michael Liao, Director of Programs, NICOS Chinese Health Coalition
Using the Office of Minority Health’s standards for Culturally and Linguistically Appropriate Services (CLAS) as a framework, this interactive workshop will show participants how to better prepare their organizations for serving the behavioral health needs of Asian American communities. Free follow-up consultation and training will be offered to all participants.

WORKSHOP 12
Holistic Wellness – Engaging Cultural and Linguistic Traditions to Improve Community Resilience
Juan G. Ibarra, DrPH, MPH, MSW, Epidemiologist, San Francisco Dept. of Public Health
San Francisco’s Office of Quality Management completed an evaluation of MHSA Prevention and Early Intervention’s Holistic Wellness Programs. Overall, programs are having a positive impact on program participants. They expressed improvement in their physical, mental, and emotional health, as well as social connectedness, community building, and coping skills.

5:15- 6:30 Networking (Optional),
Community Entertainment Event, 1010 10th Street Plaza, Modesto, CA
THURSDAY, OCTOBER 3, 2013

7:30 AM – 5:00 PM  REGISTRATION
7:30 AM – 8:30 AM  CONTINENTAL BREAKFAST
8:30 AM – 9:15 AM  WELCOME
9:15 AM - 10:30 AM  KEYNOTE SPEAKER: David E. Dawes, Esq
10:30 AM – 10:45 AM  BREAK
10:45 AM – 11:30 TBD
11:45 AM – 12:00  Cultural Competence Professional Award
12:00 PM - 1:15 PM  LUNCH (included with registration)
1:15 PM - 2:45 PM  WORKSHOPS SESSION III

WORKSHOP 13
Mentoring Towards a Culturally Diverse Workforce: A Collaborative Effort to Increase Staff Diversity
Ellie Valdes Dwyer, LCSW, Supervising Mental Health Clinician, San Mateo County, Behavioral Health and Recovery Services
Kristin L. Dempsey, MFT, Supervising Mental Health Clinician, San Mateo Behavioral Health and Recovery Services
This workshop will provide participants with concrete ideas regarding how to collaborate with others to create a sustainable, comprehensive and culturally relevant mentoring program.

WORKSHOP 14
Reduce Disparity Through Cultural Competent Workforce Education and Training: API Panel Discussion
Keo Silim, Case Manager, BHS/STanworks
Pending (clinician)
A facilitated panel discussion with Community leaders, Faith Based, Health Care Providers and Spiritual Leaders from the Asian Pacific Islander (API) to share the perspective and knowledge from the API Community to better engage and provide culturally appropriate access to services for the API Community.
WORKSHOP 15
Who should we be Hiring? Upstream approaches for supporting African American Males to work as mental health providers
Gigi R. Crowder, LE, Ethnic Services Manager/Cultural Responsiveness Coordinator, Alameda County BHCS
Tomas Alvarez III, MSW, CEO, Beats, Rhymes and Life, Inc.
Recognizing the unique opportunities presented through health care reform that will open the door wider for men of color to receive behavioral health services when it is appropriately assessed or indicated. We will discuss who we are currently inappropriately serving in our counties. We will identify community defined strategies which include developing pipelines and mentoring opportunities to draw more African American youth and college students to chose careers working in the mental health field. This will greatly enhance our workforce to be more reflective of the communities we serve.

WORKSHOP 16
DSM 5: Tools to advance cultural competence
Margaret Faye, PhD, California Institute for Mental Health
Neal Adams, MD, California Institute for Mental Health
This workshop provides an overview of changes in DSM 5 related to the consideration of cultural factors in psychiatric diagnosis and treatment. The new Cultural Formulation Interview (CFI), cultural assessment and culturally based concepts of distress and illness will be featured and opportunities for interactive learning will be provided.

WORKSHOP 17
Innovative Model for Fighting Stigma Related to Mental Health Conditions in Local Communities: Integrating Research, Culturally Responsive Practices and Technical Assistance
Eduardo Vega, MA, Executive Director, Mental Health Association of San Francisco
Daniel Esparza, Senior Program Manager, Mental Health Association of San Francisco
This workshop will examine the process of understanding culturally specific experiences of stigma, exploring California community-based programs for stigma reduction, and establishing guidelines for culturally responsive practices in culturally relevant stigma reduction programs. Concepts and specific program examples from a literature review will be examined. Preliminary guidelines and exemplar programs will be presented through the lens of the “Promising Practices Program.” The process of engaging with California Community Development Partners will be described, and challenges and lessons learned will be presented through the work of The Center for Dignity, Recovery and Stigma Elimination’s Training and Technical Assistance Model.

WORKSHOP 18
The African American Faith Community, Keepers of the Flock
Minister Monique Tarver, Mental Health and Spirituality Consultant/Liaison, Peers Envisioning and Engaging in Recover Services
Gigi R. Crowder LE, CC Coordinator/Ethnic Services Manager, Alameda County Behavioral Health Care Services
Recognizing the unique opportunities presented through health care reform, this workshop will help guide efforts to build on community connection and engagement as reported in the Alameda County African American utilization study; to facilitate the implementation of culturally responsive services to clients/consumers and families of African descent who identify spirituality as a tool and resource in resilience, wellness and recovery.

2:45 PM - 3:00 PM   BREAK
WORKSHOP 19

Consortium: A Collaborative and Holistic Approach in Culturally Competent Service Delivery and Workforce Development

Becky Smith Gould, LCSW, MPA, Deputy Director, San Joaquin County Behavioral Health Services
Debbie Alter, Executive Director, NAMI San Joaquin
Raksmey Roeum-Castleman, MPH, Program Director, Human Services Projects, Inc.
Ramona Valadez, MSW, Executive Director, Native Directions, Inc.
Kerrie Melton, Consumer Outreach Coordinator, San Joaquin County Behavioral Health Services
Cris Clay, MA, Executive Director, University of the Pacific, Community Re-Entry Program

The “Consortium”, an evolutionary and integrated process of change to affect cultural competency, workforce development, and the overall health of the un-served, underserved, and inappropriately served ethnic specific communities through the discussion and exploration of history and culture within the San Joaquin County system of service delivery.

WORKSHOP 20

TBD

WORKSHOP 21

Providing Culturally Tailored Programs in order to Eliminate Health Disparities and Reduce Stigma Associated with Mental Illness and Substance Abuse

Katherine Reyes, Mental Health Counselor, San Mateo County Health System, Behavioral Health and Recovery Services, Office of Diversity and Equity
Maria Lorente-Foresti, Psychologist, San Mateo County Health System, Behavioral Health and Recovery Services, Office of Diversity and Equity

Staff from the Office of Diversity and Equity (ODE) within San Mateo county health system’s behavioral health and recovery services (BHRS) will present on local efforts tailored to diverse racial, ethnic, linguistic and cultural communities. These efforts bring together community defined practices, media, storytelling and other non-traditional engagement strategies.

WORKSHOP 22

Ethnic, Organizational, and Inter-organizational Cultural Implications for and the ACA

David Weikel, PsyD, Candidate, Alliant International University, Fresno

A model representative of, and related to, culture will be introduced which can be utilized for relationship building needed to implement interagency collaborations required by the affordable community stakeholders in these organizations.

WORKSHOP 23

Transforming Mental Health Care: Integrating Spirituality into Wellness and Recovery

Constance Gustafson, MSW, Associate, California Institute for Mental Health
Kumar Menon, MSPA, Chief, Community and Government Relations, Office of the Director, Los Angeles County Department of Mental Health

To support the adoption of it’s ground breaking practice parameters for spiritual support and mental health, the Los Angeles County Department of Mental Health worked with the California Institute for Mental Health to pioneer a set of teaching/learning tools, protocols and practices. The set includes a mental health and spirituality knowledge and skills development curriculum for mental health staff and contractors; a manual and toolkit to help individuals support their own wellness and recovery through self actualization of their spirituality interests; and a series of training vignettes to facilitate team learning and understanding of spirituality and religion, diversity, cultural values and the mental wellness.
WORKSHOP 24
The Consumer Perspective: How Meaningful Employment, Cultural Responsiveness, and Stigma Affect Recovery
Will Taylor, Consumer Affairs Director, Mental Health America of Northern California
The Placer County Speakers Bureau presents inspirational stories of recovery from mental illness to audiences in the community. Our presenters are a diverse group of people who have lived those stories and are leading successful, independent lives in the community.

4:45 PM CLOSING CEREMONY

Register at www.cimh.org/events