



California Institute for Mental Health

AB109 Public Safety Realignment Training Series Presents

A Roundtable on the Role of Race and Ethnicity Among Persons Who Were Formerly Incarcerated

Date

FRIDAY,
FEBRUARY 28, 2014

Time

9:00 AM TO 3:00 PM

Location

DOUBLETREE BY HILTON
2001 POINT WEST WAY
SACRAMENTO, CA
95815

Event

AB109 PUBLIC SAFETY
REALIGNMENT
TRAINING SERIES

PRESENTER BIOGRAPHIES

Marcelo Cavalheiro, MFT

Marcelo Cavalheiro is a licensed Marriage and Family Therapist in California and has been working in community mental health since 1986.

Marcelo is the Regional Administrator of Telecare's Adults and Older Adults community programs in Los Angeles, which specializes in Assertive Community Treatment (ACT), Field Capable Clinical Services (FCCS), Full Service Partnership (FSP), and Prevention & Early Intervention (PEI) programs for older adults; as well as Adults & Telecare Los Angeles Services (ATLAS) programs (adult services) which specializes in the same services above, but for adults; Marcelo also oversees Telecare's Community (outpatient) AB109 in LA-Community Corrections Partnership, serving individuals recently released from prison.

He is from Brazil, where he was a licensed child psychologist and worked in various public settings. In 1990, he came to the USA where he received his Masters in Counseling Psychology. Marcelo worked as a mental health rehabilitation and bilingual/bicultural specialist and since 90's and has been a clinical director and administrator of homeless, forensic and high utilizers programs. He loves music, soccer, Brazilian barbeque and sushi (although not at the same time...).

Marcelo participated in developing the recovery curriculum with the California Association of Social Rehabilitation Agencies (CASRA) and California Institute of Mental Health (CIMH) in California. He has presented at many state and national conferences, covering various topics, including: harm reduction, the recovery model, older adults ACT and FSP, the (programs of assertive community treatment, the original ACT model) PACT model, death and dying, forensic recovery/identity narratives and Latino, cultural and immigrant issues.

Marcelo has extensive experience with advisory boards, including chair of both East LA and South Bay Older Adults, and a member of LA County ad hoc advisory board for the stakeholder's process (Mental Health Service Act.) He has been a consultant for various counties and the state in developing program policies, procedures and budgets.

Marcelo was selected as one of the top four mental health leaders in psychosocial rehabilitation in California! (2005, by Community Activators and Stanislaus County) He has a deep understanding and commitment to recovery values, wise clinical expertise, and practical street smarts.

He is currently a member of the System Leadership Team for the MHSA stakeholder's process with LA County DMH, as well as a member of the USPRA National Public Policy Committee.

William E. Cross, Jr., PhD

William E. Cross, Jr., is one of America's leading theorists and researchers on black identity development. His text, *Shades of Black* (Temple University Press, 1991) is considered a classic in the field. Bill was born at Provident Hospital on Chicago's South Side, the first male child to William E. Cross, Sr. [Pullman Porter] and Margaret Cross [maid and factory worker]. Both parents have crossed-over, but all five of Bill's siblings are alive and well and scattered across the states: Dee Adams [Florida], Shirley Tucker [Chicago], Charlene Walker [Kansas], Charles Cross [Wilmette, IL], and Judith Hagan [Las Vegas]. Bill's K-12 schooling began in Chicago and ended in 1959, with his graduation from ETHS (Evanston, Illinois). That same year he entered Denver University, graduating in 1963 with a BA in psychology. He attended Roosevelt University for MA level studies in clinical psychology and after

completing a clinical internship, worked for two years at a state mental hospital (He never completed the degree; however, a process perspective – born of exposure to clinical psychology – undergirds his entire corpus). Following a brief stint in the corporate world, he was swept-up by the Black Consciousness Movement of the 1960s and 1970s; Nigrescence Theory was scaffolded from his experiences in the Movement. He attended Princeton University where his life long friend, Badi G. Foster – the former President of the Phelps-Stokes Foundation – helped Bill forge a connection between psychology and African American Studies. His first academic appointment combined black studies and psychology [African Studies and Research Center, Cornell University]. Bill likes to say that he entered Cornell a psychologist, and after 20 years of immersion in interdisciplinary black studies, left the Africana Center transformed into a Cultural Psychologist. While at Cornell [1973-1994] he wrote *Shades of Black* that voiced his challenge to the Black Self-Hatred thesis, presented a major revision of the original Negro-to-Black Identity Change Model, and outlined a two-factor theory of self-concept structure (SC = PI + RGO). During this same period [1970s to mid-1990s], his theoretical-empirical inclinations were reinforced by an association with scholars who organized a series of conferences known as the Empirical Conference in Black Psychology [A. Wade Boykin, Harriett McAdoo, A. J. Franklin, Margaret B. Spencer and others]. In 1994, he left CU and took a position at Penn State, where his career was revitalized. His work with the amazing team that crafted the CRIS took place at Penn State [CRIS Team: Beverly Vandiver, Frank Worrell, and Peony Fhagen-Smith]. His early association with Kevin Cokley also started in the context of developing the CRIS. Work with Dr. Linda Strauss on identity enactments in everyday life is another contribution begun at PSU.

It was Peony Fhagen-Smith, a graduate student at Penn State, who nurtured Bill's work on black identity across the lifespan, a focus recently revisited in an expanded work co-authored with Tuere Binta Cross, Bill's daughter, and an emerging scholar in her own right. Terrell Jones, also from Penn State, introduced Bill to SIIC or the Summer Institute for Intercultural Communications, founded by Janet and Milton Bennett and based in Portland, Oregon. Since 1998, Bill and Terrell have co-taught a one-week session at SIIC on racial-cultural identity development, and his experiences at SIIC explain, in part, the multicultural themes in Bill's more recent writings. After leaving Penn State, Bill took a position at UMass-Amherst [1996-1999], where he worked with Bailey Jackson, Rita Hardiman, Marianne Adams, and Barbara Love, in the Doctoral Program in Social Justice Education. Between 2000 and 2008 Bill was part of the Doctoral Program in Social-Personality Psychology, at the Graduate Center, CUNY; at one point he also coordinated the GC's Program in Africana Studies. Working side by side with Michelle Fine, Kay Deaux, Tracey Revenson, Colette Daiute and Robert Reid-Pharr, Bill's work in the early 2000s became more progressive and openly radical.

In 2008, Bill and Dawn retired to Henderson, NV where they joined family members from the Henderson-Vegas area [Bill's youngest sister, Judith Cross Hagan and Dawn's middle sister, Brenda Jackson Grogan]. Bill's retirement did not last long and he accepted a position at UNLV in Counselor Education. Vegas did not work out and Bill and his wife moved to Denver where they now live close to their only child [now adult], Binta Cross. Bill became the coordinator of the Program in Higher Education at the University of Denver; and his renewed contract with DU combines affiliation with two programs: Counseling Psychology and Higher Education.

Terry A. Kupers, MD, MSP

Dr. Kupers practices psychiatry in Oakland, is Institute Professor at The Wright Institute and Distinguished Life Fellow of the American Psychiatric Association. He provides expert testimony in class action litigation regarding the psychological effects of prison conditions such as crowding and isolated confinement in supermaximum security units, the quality of correctional mental health care, and the effects of sexual abuse in correctional settings. He is the author of *Prison Madness: The Mental Health Crisis Behind Bars and What We Must Do About It* (1999) and co-editor of *Prison Masculinities* (2002). He is Contributing Editor of *Correctional Mental Health Report*. He received the 2005 Exemplary Psychiatrist Award from the National Alliance on Mental Illness (NAMI), and the William Rossiter Award from the Forensic Mental Health Association of California in 2009.

Karen Kurasaki, PhD

Karen Kurasaki, Ph.D., is a Senior Associate at CiMH. She coordinates statewide training and technical assistance to county mental health departments on evidence-based practices for post-release treatment among re-entering offenders with behavioral health needs. She is involved in IBHP-sponsored efforts to disseminate best practices from several Learning Collaboratives on integrated care and recovery-focused treatment, and provides grant writing support to several program areas. Prior to coming to CiMH, Dr. Kurasaki worked as a consultant and was involved in numerous projects related to improving access to quality services for diverse ethnic, cultural and language groups, and LGBT TAY, and improving data collection through community-based, participatory research methods in multiple languages. Prior to that, she served as Program Officer at The California Endowment for 28 urban

and rural counties in Northern California. She also served as Associate Director of the National Research Center on Asian American Mental Health at UC Davis, and Project Director for the Chinese American Epidemiological Study at UCLA. Dr. Kurasaki earned her B.A. in Psychology from UC Berkeley, her M.A. and Ph.D. in Clinical-Community Psychology from DePaul University, completed pre-doctoral training at Yale University School of Medicine and was an NIMH Post-doctoral Research Fellow at UCLA Department of Psychiatry.

Becky Pettit, PhD

Becky Pettit is a professor of sociology at the University of Washington. She is a sociologist, trained in demographic methods, with interests in social inequality broadly defined. She is the author of two books and numerous articles which have appeared in the *American Sociological Review*, the *American Journal of Sociology*, *Demography*, *Social Problems*, *Social Forces* and other journals. Her newest book, *Invisible Men: Mass Incarceration and the Myth of Black Progress* (Russell Sage Foundation 2012), investigates how decades of penal growth obscures even the most basic accounts of racial inequality. The book has been featured in the *New York Times*, the *Wall Street Journal*, the *Washington Post*, *MSNBC* and numerous other media outlets. She has been invited to speak on related issues at the White House, Congressional Budget Office, Department of Health and Human Services, and many colleges and universities.

Pettit has been the recipient of many honors and awards including the James Short paper award from the American Sociological Association Crime, Law, and Deviance Section, Honorable Mention from the American Sociological Association Sociology of Law Section Article Prize Committee, recognition as a finalist for

PRESENTER BIOGRAPHIES, continued

the Rosabeth Moss Kanter Award for Excellence in Work-Family Research, and Gendered Tradeoffs (with Jennifer Hook) was named as a Noteworthy book in Industrial Relations and Labor Economics. Pettit has been a visiting scholar at the Russell Sage Foundation, Northwestern University and the American Bar Foundation. Professor Pettit teaches courses on social inequality and statistics. She is also the editor of *Social Problems*, the official journal of the Society of the Study of Social Problems. She holds a Ph.D. in sociology from Princeton University and a B.A. in sociology from University of California at Berkeley.

Minister Jimmie Speed

Minister Speed was born in the last of the Jim Crow segregationist era in the small rural town of Helena, Arkansas. He describes chopping cotton as a child and enduring extreme hardship and abuse. Minister Speed states that it was these untreated issues that cause him to seek out drugs and alcohol to escape how he felt and his perception of life. This led to a twenty year alcoholic and drug addict which saw his life become hopelessly unmanageable.

Minister Speed states that his recovery came in 1999 through the 12 Step Program and he was given a glimpse of the DNA or characteristics of God in each step. He became a single father that year also to his son Kadesh Lael who was born one pound and it was then that he was awakened to his true purpose which he pursued like a drowning man. He would soon begin to develop the strategies and principles which he immediately called the 12 Step Faith Based Spiritual Fitness Program of The Christian Restoration Ministry.

In the field of recovery, the disease of alcoholism and addiction, and as a community activist, Minister Jimmie Speed is regarded as a leader and authority when working with men with whom life has

failed completely. His passion, knowledge base, and fiery oratory skills make him a sought after speaker on relapse prevention, leadership, and career development.

His enthusiasm helps him to quickly connect with people and makes an impact on them to take action. In the past fourteen years, Minister Speed has personally worked with over 1,000 men, assisting them in their personal recovery sometimes without charge or thought to his own personal care and expense.

Minister Speed is the founder of The Christian Restoration Ministry & Affiliates which includes a 12 Step Faith Based Spiritual Fitness Program to enable men and women to change their cognitive, emotional, and behavioral process with Recovery, Relapse Prevention, and the Development of Self Advocacy as a primary focus. His goal is to open several Social Model Faith Based Treatment Programs in the upcoming year.

Minister Speed also founded Speed Enterprises, a consulting business, which prepares men and women on a personal and business level to deal with the issues and challenges of life through mentoring, education, and life coaching. Speed Enterprises believes that spiritual healing promotes growth for greater success.

Minister Speed is a published author of the 2012 released of *A Declaration to the Spiritual Soldier* by The Spiritual Soldier Publishing Company. At the present time, his second book *The Revealed Word of God* is in the editing stage and set to be released January 2014.

On a personal level, Minister Speed is married to his wife Michele for three and half years and has two daughters and a son. He is an avid bicyclist and lifts weights extensively. He is the creator of a blog site that communicates with a worldwide audience and he presents polemical Christian teaching from an unadulterated biblical worldview.

Rodolfo Victoria, PhD

Dr. Rodolfo Victoria is a first-generation college student of Mexican descent and is a proud product of the Los Angeles Unified public school education system. He completed his undergraduate studies at California State University, Los Angeles where he majored in psychology and focused his studies on understanding the impact of race, racial identity, and racism on middle-of-the-spectrum groups such as Asian/Asian-Americans and Latinas/os. He continued his education in New York City where he graduated with his doctoral degree at Teachers College, Columbia University; his dissertation project focusing on the influence of skin color and racial identity on Latinas/os perceptions of racial discrimination experiences. Also while at Columbia, he studied under the advisement of Dr. Robert Carter and conducted research examining the construct of race-based traumatic stress, which he will discuss with us in his presentation this afternoon. Dr. Victoria is currently completing his post-doctoral fellowship at the Counseling Center at UC Irvine where he hopes to complete his licensure requirements and continue to provide psychotherapy services to under-represented university students while continuing his research efforts on various multicultural topics.

MODERATOR BIOGRAPHIES

Maátisák Amenhetep, LCSW

Maátisák earned her Master of Social Work degree from California State University, Sacramento, graduating Suma Cum Laude, at the top 2.3% in the state, and at the top 10% in the nation. Because of her academic excellence, Maátisák was selected for the very prestigious Fulbright Scholarship for overseas studies. She is a lifetime member of Phi Kappa Phi, and Phi Alpha Honor Societies. She has been licensed by the Board of Behavioral Sciences since 1999, and she has maintained a private practice in midtown Sacramento since 2003.

Maátisák Amenhetep brings a wealth of wisdom, expertise, and over 25 years of clinical experience with her to this Round Table Event. Her clients range from ages 3 to 93, and are diverse in ethnicity, culture, language, and sexual preference. Maátisák has worked in prisons, schools, psychiatric hospitals, universities, residential facilities, community clinics, geriatric facilities, corporations, non-profit and private sectors, county governments, communities, and churches. She has also provided clinical supervision for interns preparing for BBS exams, and is currently a Consultant for CEUS and CIMH.

Maátisák specializes in the treatment of trauma, and has had extensive training and experience, particularly in EMDR (Eye Movement Desensitization and Reprocessing), which is the treatment of choice for combat veterans with PTSD. Maátisák has successfully used this technique with traumatized prison inmates, private practice clients, and geriatric patients. Other specialties include Depression, Anxiety, Phobias, and Peak Performance. She is also a

credentialed Spiritual Life Coach, a Meditation Teacher, both an NLP (Neuro-Linguistic Programming) and an NDR (Neurological Deprogram to Reprogram) Practitioner, and a certified Ericksonian Hypnotist.

Additionally, Maátisák is certified in CISD (Critical Incident & Stress Debriefing), and has several certifications through the American Red Cross as a disaster relief mental health provider and supervisor. In this capacity, she has been a first responder to suicides, homicides, and natural disasters. She received special awards and was recognized by FEMA and the American Red Cross for valuable service to Hurricane Katrina/Rita evacuees.

As an adjunct professor, Maátisák has instructed graduate courses at California State University, Sacramento, University of Phoenix, and the Professional School of Psychology. Courses of Instruction include but are not limited to: Cultural Diversity and Special Populations; Psychopharmacology; DSM IV-TR; Domestic Violence; Child Endangerment; Social and Multicultural Foundations; Theory and Methodology, and Group Therapy.

Maátisák published her Master's Thesis entitled, "Media Standards of Beauty: The Self-Image of African-American Women" in 1995. She also produced an article in 2004, entitled, "Who says there are no Black Therapists?", a publication which was released to all Black television, Radio, Newspapers, Magazines, and Internet Websites in the United States. This resulted in public interviews by radio stations throughout the U.S.

Doretha Williams-Flournoy, MS

Doretha Williams-Flournoy, MS has over 25 years experience implementing community based mental health and healthcare services, program planning and administration, and public policy. Currently she serves as the Chief Operating Officer for the California Institute for Mental Health. As a Chief Operating Officer and member of the executive management team her portfolio includes the provision of statewide technical assistance and training programs focused on Prevention and Early Intervention, Reducing Disparities, and Integration of Primary Care and Behavioral Health.

A Roundtable on the Role of Race and Ethnicity Among Persons Who Were Formerly Incarcerated

AGENDA

- 8:00 AM – 9:00 AM** **REGISTRATION AND CONTINENTAL BREAKFAST**
- 9:00 AM – 9:15 AM** **WELCOME AND OPENING REMARKS**
Karen Kurasaki, PhD, Senior Associate, California Institute for Mental Health (CiMH)
- 9:15 AM – 10:30 AM** **INCARCERATION AND RACIAL INEQUALITY IN THE U.S.**
Terry Kupers, MD, MSP, Institute Professor, Graduate School of Psychology,
The Wright Institute
Becky Pettit, PhD, Professor, Department of Sociology, University of Washington
MODERATOR: Maátisák Amenhetep, LCSW, Consultant, CiMH
- 10:30 AM – 10:45 AM** **BREAK**
- 10:45 AM – 12:00 PM** **RACIAL IDENTITY DEVELOPMENT AND
ASSESSING THE EMOTIONAL IMPACT OF RACISM**
William E. Cross, Jr., PhD, Professor, Department of Counseling Psychology and
Coordinator of the Program in Higher Education, University of Denver
Rodolfo Victoria, PhD, Counselor, Student Counseling Center,
University of California, Irvine
MODERATOR: Maátisák Amenhetep, LCSW, Consultant, CiMH
- 12:00 PM – 12:40 PM** **LUNCH (INCLUDED WITH REGISTRATION)**

AGENDA, continued

12:40 PM – 1:40 PM

COMMUNITY-DEFINED PRACTICES IN MENTAL HEALTH AND ADDICTION TREATMENT

Marcelo Cavalheiro, MFT, Regional Administrator, Adults and Older Adults Community Programs and Community Corrections Partnership, Telecare Corporation
Minister Jimmie Speed, Founder and Director, The Christian Restoration Ministry and Affiliates

MODERATOR: Maátisák Amenhetep, LCSW, Consultant, CiMH

1:40 PM – 1:55 PM

BREAK

1:55 PM – 2:55 PM

ROUNDTABLE DISCUSSION

Terry Kupers, MD, MSP, Institute Professor, Graduate School of Psychology, The Wright Institute

Becky Pettit, PhD, Professor, Department of Sociology, University of Washington

William E. Cross, Jr., PhD, Professor, Department of Counseling Psychology and Coordinator of the Program in Higher Education, University of Denver

Rodolfo Victoria, PhD, Counselor, Student Counseling Center, University of California, Irvine

Marcelo Cavalheiro, MFT, Regional Administrator, Adults and Older Adults Community Programs and Community Corrections Partnership, Telecare Corporation

Minister Jimmie Speed, Founder and Director, The Christian Restoration Ministry and Affiliates

MODERATOR: Doretha Williams-Flournoy, MS, Chief Operating Officer, CiMH

2:55 PM – 3:00 PM

ACKNOWLEDGMENTS AND CLOSING REMARKS

Karen Kurasaki, PhD, CiMH



The California Institute for Mental Health is a non-profit public interest corporation established for the purpose to promote wellness and positive mental health and substance use disorder outcomes through improvements in California's Health System. CiMH is dedicated to a vision of "a community and mental health services system which provides recovery and full social integration for persons with psychiatric disabilities; sustains and supports families and children; and promotes mental health wellness."

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